1	Validity of the Perception Neuron inertial motion capture
2	system for upper body motion analysis
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8	ABSTRACT
9	The commercially available Perception Neuron motion capture (Mo-Cap) system is a cost effective and easy to use option for
10	motion analysis. However, the accuracy of this system in a practical setting is unknown and needs to be evaluated if it is to be
11	considered for applications that require a specific level of measurement precision. Therefore, the validity of the Mo-Cap system
12	for estimating postural angular kinematics of the upper body was assessed. Upper body motion was evaluated through three-
13	dimensional analysis of functional movements performed by the neck, thorax and shoulders. Range of motion (RoM) estimates
14	were compared to Vicon using Bland-Altman analysis. Systematic biases in neutral to peak RoM differences were all \leq 4.5° and
15	random biases $\leq \pm 4.5^{\circ}$ except for neck extension where the values were larger. The present findings suggest that the Mo-Cap
16	system is a valid method for assessing the majority of upper body ROM to within 5°.
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18	Keywords
19	Inertial motion capture, IMUs, Perception Neuron, Vicon, Upper body motion analysis, Validation
20	1. INTRODUCTION
21	Qualitative or quantitative measurements are necessary for any procedure involving human motion capture (Mo-Cap).
22	Quantitative analysis requires the measurement of biomechanical variables such as postural angles, pressure distribution, moments
23	and forces produced by the human body [1]. Optoelectronic motion capture is currently considered to be the gold standard in the
24	measurement and quantification of human kinematics in clinical medicine [2,3]. Retroreflective markers are attached to the body
25	and are tracked by cameras which acquire the marker positional data. The positional data can then be used to perform biomechanical
26	analysis, in both static and dynamic conditions. The Vicon (Vicon Motion Systems Ltd., Oxford, UK) optoelectronic system has
27	been shown to track markers with high accuracy, e.g. mean absolute marker tracking errors of 0.15 mm during static trials [3] and
28	0.2 mm (with corresponding angle errors of 0.3°) during dynamic trials [4]. Therefore, optoelectronic systems such as Vicon are a
29	suitable comparison tool to assess whether alternative systems, e.g. IMU based, provide a sufficiently accurate method for motion
30	analysis [5,6].
31	Despite this, the requirements to set-up and implement an optoelectronic system are extensive and may not be feasible for many

32 academic institutions and small companies due to the high cost and lengthy set-up times. The system requires a bespoke laboratory

environment comprising of high-resolution infrared cameras, as well as a highly trained operator. In addition, optoelectronic systems are confined to the volume of space where the equipment is installed [7,8]. In some instances, optoelectronic systems can be temporarily installed in alternative locations, however this process can also be time consuming to implement and may not be feasible for workplace environments.

37 In recent years, the rapid development in the usability and accuracy of inertial measurement units (IMU's) has seen the 38 introduction of such devices as a viable alternative to optoelectronic systems [9-13]. An IMU is a device which consists of an 39 accelerometer, a magnetometer and a gyroscope, all of which can be either one (1-axis), two (2-axis) or three axis (3-axis) sensors. 40 For most designs, 2-axis sensors are sufficient, however a project such as three-dimensional (3D) motion analysis naturally requires 41 3-axis sensors to accurately detect movement in each direction. These devices are low cost, small and lightweight when compared 42 to alternative systems; however, the main advantages of these devices are the ease of use and portability [2] [14]. The development 43 of sensor fusion algorithms makes it possible to combine raw data from multiple individual sensors, enabling the estimation of 3D 44 spherical coordinates and Euler angles in a global reference domain [15]. An IMU can be secured to a body segment, thereby 45 providing kinematic motion data on that anatomical area making it possible to evaluate human movement as well as reducing the 46 aforementioned operational limitations present in other Mo-Cap systems [7]. IMU's have been successfully used to estimate lower 47 limb joint and pelvis angular kinematics [14] [16,17], upper body posture during gait analysis [9] and full body motion analysis [10] 48 [18]. In a review by Lopez-Nava and Munoz-Melendez [1], 75% of the 37 studies comparing IMU's to a reference system used an 49 optoelectronic system as the gold standard evaluation method.

The Perception Neuron inertial Mo-Cap system (NOITOM Ltd, China) was primarily developed for gaming and virtual 50 51 reality applications [19] and, to the authors' knowledge, has yet to be validated for applications that require a higher level of 52 measurement accuracy such as work place posture analysis. Indeed, the published research utilizing this system has not reported a 53 validation of the outputs [20,21]. The current intended use for the system is to track the posture of surgeons in both simulated and 54 real environments, therefore requiring a system of a known precision that is accurate enough to prevent misinterpretation of the clinical postural data. The issue of surgeon musculoskeletal disorders (MSDs) is well-known [22], and most epidemiologic work to 55 better understand and prevent such disorders involves optoelectronic tracking of the surgeon [23]. However, in real environments 56 these systems cannot be used because a direct line of sight cannot be maintained in an operating theatre (OT), together with the 57 58 portability issues detailed above for optoelectronic systems. The operational constraints of optoelectronic systems for this 59 application highlight the need for a Mo-Cap system which offers portability in the data acquisition while maintaining an acceptable 60 level of measurement accuracy.

Therefore, the purpose of this study was to evaluate the joint angle range of motion (ROM) data provided by the Perception Neuron inertial Mo-Cap system (IMU suit) through comparison to a gold standard optoelectronic system (Vicon). The anatomical areas evaluated included three-dimensional angles of the neck and thorax together with shoulder abduction. These areas were evaluated because they are utilized significantly by surgeons during surgery [24]. The methodological design was developed to determine whether the IMU suit was suitable for the assessment of surgeon ergonomics during surgery, the primary future application of the system.

67 2. MATERIALS AND METHODS

68 2.1. Participants

Eight healthy individuals (5 male and 3 female) volunteered in the study. The participants age ranged from 20 to 25 years, height from 1.63 m to 1.91 m and body mass from 56.5 kg to 104.0 kg. Each participant provided written consent before taking part in the study which was approved by the Loughborough University ethical committee. Exclusion criterion was physical injury or self-reported musculoskeletal disorders at the time of testing.

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74 2.2. Instrumentaion

75 The Perception Neuron IMU suit was used. This system provides the ability to perform calibrated full body inertial motion capture in real time, while streaming and logging kinematic data into their proprietary software (Axis Neuron). Within the system's 76 77 proprietary software, a three-dimensional reconstruction of the suit's wearer is produced and, once calibrated (see 2.2.1), coherent motion of the wearer can be visualized for all body segments. The suit has several operating modes which include single arm, upper 78 79 body and full body capture. Each mode can utilize a different number of neurons (IMUs) ranging from three in single arm mode, to 80 32 in full body mode however, within this study the system was configured in the full-body 18-neuron mode. This mode was used despite the study being an upper body validation because of its suitability for the intended surgery-based future application, where 81 full-body capture is an option but not essential. Therefore, assessing this mode allows for this future flexibility and ensures a 82 83 validation has taken place on this operating mode, as measurement discrepancies in differing operating modes is possible. Each 84 neuron (12.5 mm x 13.1 mm x 4.3 mm) is an IMU consisting of a 3-axis gyroscope (± 2000 dps), 3-axis magnetometer and 3-axis 85 accelerometer $(\pm 16g)$ [19]. For the purpose of this study only 7 physical neurons were used for analysis (Table 1), as these are the 86 major areas that are utilized considerably by surgeons within the surgery-based application [24]. Neurons were placed in designated 87 sockets on the suit and secured via Velcro strapping on the anatomical landmarks (Figure 1). In addition to the neuron data, the proprietary algorithms for the IMU suit also provided Euler angles for 'virtual' neurons positioned at the neck and approximately 88 89 the T3, T8, and L1 vertebrae. The IMU suit also comes with a hub, which allows the connection and powering of all neurons in 90 series though wired connections. The hub aggregates individual sensor data and transfers it to a dedicated router wirelessly via TCP/IP. Data is then streamed directly into the suit's propriety software (Axis Neuron version 3.8.42.8308) in real time through a 91 92 predefined IP and port. The IP address and port number of the wireless router were matched with the proprietary software and hub 93 prior to data acquisition allowing the data to stream into the software.

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Table 1 - Perception Neuron IMU positions (Figure 1) [19]

Number	Anatomical position
1	Head
2	Upper spine (C7)
3 & 4	Acromion (L & R)
5&6	Centre of humerus (L & R)
7	Lower spine (Just above hips)

Table 2 - Upper Body Plug-In-Gait Marker positions (Figure 1) [25]

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Number	Anatomical position
1 & 2	Front of Head (L & R)
3 & 4	Back of Head (L & R)
5	Clavicle
6	Sternum
7	Upper spine (C7)
8	Right Back (Latissimus Dorsi)
9	Lower/middle spine (T10)
10 & 11	Shoulder (L & R)
12 & 13	Upper arm (L & R)
14 & 15	Elbow (L & R)
16 & 17	Forearm (L & R)
18 & 19	Wrist (Distal end of the radius) (L & R)
20 & 21	Wrist (Distal end of the ulna) (L & R)
22 & 23	Dorsal side of hand (L & R)



Figure 1 - IMU suit and marker set fitted to a participant (red circles show physical neuron positions and red triangles show virtual neuron positions, head and neck neurons are shown within the solid circle in the right image, the four spinal neurons are also shown in the right image within the dotted circle and the shoulder neurons are shown within the dashed circle in the left image)

In parallel, a Vicon optoelectronic system consisting of twelve cameras was used as the gold standard reference system. The upper body plug-in gait marker set (Figure 1 and Table 2) was used to capture the data in Nexus 2.6.1 [25]. The IMU suit and marker set were worn at the same time to ensure concurrent data acquisition. Both the IMU and Vicon data were acquired at 120 Hz and synchronized off-line during data processing. Prior to testing the experimental area was cleared of metallic objects to ensure that the magnetometers within the IMU's would not be subject to high magnetic fields, which would adversely affect the accuracy of the motion capture data [25].

Many studies comparing IMUs to optoelectronic reference systems place the markers directly on the IMUs and, therefore, solely compare measurement accuracy of the optical and inertial system. However, to obtain an accurate representation of IMU system performance, the retroreflective markers were placed on anatomical landmarks such that the ability of the IMU's to track human motion could be assessed.

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110 2.2.1. IMU suit calibration

The IMU suit required the input of anthropometric data comprising all upper body segment lengths which were obtained through measurement with a cloth tape measure [19]. The manufacturer recommended calibration process was utilized and comprised of four separate positions: 1) a steady pose where the user was sat down at a desk with their palms face down on the table; 2) a standing T pose where the shoulders were abducted by 90° with the palms facing to the floor; 3) a standing A pose with the shoulders in a neutral posture and palms down at the side of the legs and, 4) an S pose where the knees were flexed by approximately 45° and the shoulders flexed by 90° with the palms facing the floor. Each pose was held for several seconds as per calibration guidelines [19].

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119 2.2.2 Optoelectronic system calibration

The upper body plug-in-gait model in Vicon required body mass and height which were obtained prior to data collection. The Vicon hardware was calibrated following the Vicon Nexus 2 user guide instructions [25]. Firstly, the twelve high-resolution infrared cameras were set-up for the experimental capture volume and the focus of each camera optimized to capture markers of 14 mm in diameter in this space. The cameras were masked to prevent unwanted reflections in the capture volume and the calibration wand (L frame) was used for camera calibration. The refinement value was set to 2000 frames and the threshold for a successful calibration was set as image errors < 0.2 for all cameras. The volume origin was then set using the calibration wand.

126 2.3. Experimental protocol

To evaluate the IMU suit for upper body motion analysis, a functional movement protocol was generated. This encompassed: neck flexion/extension, neck lateral flexion, neck rotation, torso flexion/extension, torso lateral flexion, torso rotation and shoulder abduction. Neck flexion/extension was defined as the motion of the head relative to the torso in the sagittal plane, neck lateral flexion was defined as the motion of the head relative to the torso in the coronal plane and neck rotation was defined as the motion of the head relative to the torso in the transverse plane. Torso flexion/extension was defined relative to the global sagittal plane, torso lateral flexion was defined relative to the global coronal plane. Additionally, shoulder abduction or elevation was defined as movement of the arm away from the body in the global coronal plane (Figure 2).

Each movement was performed twice by the participant at self-selected fast and slow speeds. The only guidance given was to ensure that the slow trial was conducted at a slower speed than the fast trial. The use of different movement speeds has been previously implemented as a method to show potential limitations in system performance [26]. Moreover, a complete trial would begin with the participant assuming the anatomical position (Figure 1), then they would execute the functional movement and return to the initial anatomical position. In total, 16 movement trials were performed by each participant (2 × neck flexion/extension, 2 × neck lateral bending, 2 x neck axial rotation, 2 × thorax flexion/extension, 2 × thorax lateral bending, 2 × thorax axial rotation, 2 × shoulder abduction for each shoulder).

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142 2.4. Data analysis

143 2.4.1. IMU post-processing

Several post-processing steps were taken to ensure the IMU data was comparable to the Vicon data. This included 144 computing the IMU angles on the same basis as the Vicon plug-in-gait angles. For the neck, the head angles needed to be expressed 145 relative to the thorax (Table 3). To achieve this output from the IMU system, the angles produced by the head and neck neurons 146 (which are computed separately by default, head angles are calculated about the neck and neck angles about the thorax) were 147 148 combined using quaternion multiplication, to obtain overall angles of the head relative to the thorax. This process was repeated for 149 the thorax and shoulder angular outputs for their respective neurons (Table 3). The thorax data for both systems was absolute (in 150 the global reference frame) and were computed as the angles between the thorax and the laboratory coordinate system. To achieve this output from the IMU suit, the angles produced by the spinal neurons were combined using quaternion multiplication from the 151 152 T3 down to the root bone (hips) in order to obtain the orientation of the thorax in a global reference frame.

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Fable 3 -	Angle	outputs	compared	between	systems
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Joint/Segment	Description	IMU neurons used
Neck	Angles of the head relative to the thorax	Head & Neck
Shoulder	Angles of the upper arm relative to the thorax	Humerus & Acromion
Thorax	Angles of the thorax in the global coordinate system	T3, T8, L1 & Lower spine



Figure 2 - The functional movements completed within this study

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The shoulder data produced by Vicon plug-in-gait model is relative to the thorax. Therefore, to acquire a comparable result 157 for the IMU suit, the angles produced by the upper arm and shoulder neurons were combined using quaternion multiplication. This 158 159 method was preferred to Euler angles with rotation matrices because during certain rotation sequences it was clear that gimbal lock 160 had occurred, degenerating the three degree of freedom attitude description into two, resulting in largely erroneous and distorted 161 data [27]. Quaternions represent a rotation in 3D space and consist of a real component and three imaginary components and can be considered as a 4D vector. Most importantly, quaternions provide an alternative measuring technique that is not subject to 162 singularities such as gimbal lock [27]. Quaternion multiplication is non-commutative, therefore it was crucial to a multiply the 163 164 rotations in the correct order [28].

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166 2.4.2. Vicon post-processing

167The marker data was reconstructed and labelled as per the plug-in gait upper body template [25]. Marker trajectories were168gap filled using the spline, pattern and rigid body fill depending on the size and location of the gaps. They were then filtered using

- a fourth order Butterworth low pass filter (6 Hz) to remove any high frequency noise. The dynamic plug-in gait pipeline was then
 executed, and the angle time series results exported as an ASCII (.csv) file.
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172 2.4.3. Additional post-processing steps

The angular output from the IMU suit consisted of estimated roll, pitch and yaw angles, which were considered as the 173 174 anatomical angles for lateral bending, flexion/extension and axial rotation respectively. The upper body plug-in gait model in Vicon 175 computes the angular kinematic data in the YXZ rotation order [25]. With reference to the capture volume, this rotation order 176 corresponds to an initial rotation in the sagittal plane, followed by the coronal plane and then the transverse plane. The rotation order was matched in the IMU system when converting from Quaternions to Euler angles, as the axis definitions for each system are 177 different by default. The IMU data was also filtered using a fourth order Butterworth low pass filter (6 Hz) to remove high frequency 178 noise. The outputs from both systems were then synchronized using a peak detection algorithm and cropped to the same time range 179 in MATLAB (Matlab, MathWorks, Natick, MA, USA) [9] [29]. 180

The angle time series from both systems were normalized to the mean of the first twenty data points in each cropped trial. This process eliminated systematic offset present between systems. Since this study was primarily concerned with how well the suit tracks range of motion (ROM) of upper body movements, any offset present can be removed without interfering with this analysis. To evaluate the IMU systems angular outputs, rotation about the primary axis for each of the functional movements were directly compared between systems. To carry out analysis on the IMU data, the CALC file type was broadcast via network protocols (TCP/IP) in a binary format, from Axis Neuron into MATLAB. The equivalent Vicon ASCII file was also imported into MATLAB.

188 2.4. Statistical analysis

To compare the postural angular outputs from either system, several metrics were calculated. These consisted of: (i) Bland Altman analysis (BA) on the neutral (starting anatomical angle) to peak (maximum angle for a given functional movement) ROM values to assess for systematic and random biases [31]; (ii) paired t-tests on the mean differences in ROM between systems to test for significance in the systematic bias values;

$$t = \frac{\bar{o}}{s / \sqrt{n}} \tag{1}$$

where \bar{o} is the mean difference, *s* is the sample variance and *n* is the number of participants [32]. Once a *t* value was determined, the t-test table was then referred to with a significance value of 5%. It should also be noted that the degrees of freedom (df) used within this test are:

$$df = n - 1 \tag{2}$$

(iii) The root mean squared difference (RMSD) between waveforms generated by the two systems as an overall measure of
 waveform agreement,

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$$RMSD = \sqrt{\frac{\sum_{f=1}^{F} (\hat{p}_{f} - p_{f})^{2}}{F}}$$
(3)

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where \hat{p}_f is the "predicted" value from the IMU suit, p_f is the observed value from Vicon, both for the *fth* time point and within *F*, the total number of time points [33]. (iv) A waveform similarity assessment Equations ((4)), ((5)) and ((6)) using the coefficient of multiple correlation (CMC) [34]:

$$CMC = \sqrt{1 - \frac{\sum_{m=1}^{M} \sum_{f=1}^{F} (\theta_{mf-} \overline{\theta}_{f})^{2} / F(M-1)}{\sum_{m=1}^{M} \sum_{f=1}^{F} (\theta_{mf-} \overline{\theta})^{2} / (MF-1)}}$$
(4)

where θ_{mf} is the angle at time point f that has been measured by the method *M*. Additionally, M = 2 as there are two methods and *F* is the total number of time points. $\bar{\theta}_f$ is the mean angle at time point *f* between the angles measured by the two systems:

$$\bar{\theta}_f = \frac{1}{m} \sum_{m=1}^M \theta_{mf} \tag{5}$$

206 $\overline{\theta}$ is the grand mean for the movement trial among these two methods:

$$\overline{\theta} = \sum_{m=1}^{M} \sum_{f=1}^{F} \theta_{mf}$$
(6)

CMC values have been used previously to quantify waveform agreement [16]. Excellent agreement was defined as being between
0.95 - 1, very good between 0.85 - 0.94 and good between 0.75 - 0.84. The CMC measures the overall similarity of waveforms,
considering the concurrent effects of differences in correlation and gain [34]. All statistical analyses were performed in MATLAB.

3. Results

Postural kinematics from 128 functional movement trials (8 participants × 8 movements × 2 speeds) were analyzed. Exemplar ROM angle waveforms for both systems and all anatomical areas are displayed in Figure 3. Flexion and extension movements have been considered separately for the agreement analysis since the ROM magnitudes differed between the two directions due to the significant anatomical difference in the movements. Lateral bending to the left and right and axial rotation to the left and right have not been separated since they are symmetrical movements repeated to either side with similar ROM magnitudes. The mean neutral to peak RoM differences (systematic bias) were all below 4.5°, except for neck extension (6.1°) (Figure 4 and Table 4). For all angles the IMU suit systematically under-estimated RoM. In general, slow trials resulted in larger mean RoM differences than fast trials; however, this difference was small. The limits of agreement (random bias) were, in the majority of cases, slightly larger although the majority did not exceed $\pm 4.5^{\circ}$, except again neck extension ($\pm 9.0^{\circ}$) without any obvious speed of movement effects. Paired t-tests revealed that all the mean RoM differences were significantly different from zero (p<0.05).

224 3.2 Waveform analysis

The root mean squared differences between system waveforms indicated very good agreement with all below 4° and all except neck flexion/extension and shoulder abduction below 2.5° (Table 4). There was no obvious effect of speed of movement on these values. Similarly, mean CMC values for all 14 waveforms were 0.99, reinforcing the excellent overall waveform agreement.

			Necl	k			Thorax						Shoulders	
	Flexion/Extension		Lateral bend Axial rotation		Flexion/Extension		Lateral Bend		Axial Rotation		Abduction			
	Slow	Fast	Slow	Fast	Slow	Fast	Slow	Fast	Slow	Fast	Slow	Fast	Slow	Fast
Mean	F: 4.2	F: 4.3					F: 3.4	F: 2.5						
peak RoM	(2.5)	(2.3)	2.9	3.6	3.0	1.7	(3.1)	(1.3)	1.8	1.7	3.0	2.7	3.6	3.1
difference	E: 6.8	E: 5.4	(2.1)	(2.9)	(2.4)	(1.6)	E: 2.4	E: 1.4	(1.4)	(1.9)	(2.0)	(1.8)	(1.7)	(2.4)
(°)	(4.7)	(4.7)					(2.1)	(1.1)						
Mean	3.7	2.7	2.0	2.3	2.5	1.9	2.3	1.6	1.3	1.4	2.2	2.4	3.2	2.9
RMSD (°)	(1.2)	(0.6)	(1.1)	(1.2)	(1.2)	(0.8)	(1.5)	(0.6)	(0.7)	(0.9)	(0.7)	(0.7)	(1.1)	(1.5)

Table 4 – Mean neutral to peak angle RoM differences (SD) and waveform RMSDs (SD) between the IMU and Vicon systems. Left and	right
shoulder data have been combined.	



Figure 3 - Exemplar postural angles for slow functional movement trials. Vicon (dotted black line) and the IMU suit (solid green line) during representative movement trials for the neck, thorax and shoulders. The data shown are for one participant.



Figure 4 - Bland-Altman plots for each absolute angle. M_2 is Vicon and M_1 is the IMU suit. The solid horizontal line represents the mean difference and the dashed horizontal lines represent the upper and lower 95% confidence intervals (limits of agreement).

232 4. **DISCUSSION**

The aim of this study was to validate the Perception Neuron IMU suit in its ability to measure postural angular kinematics of the upper body. To do this, 128 functional movement trials were performed, and the RoM results were compared to a gold standard in optoelectronic motion capture (Vicon). Statistical analyses comprised of Bland-Altman analysis to assess for systematic and random biases in the neutral to peak angle differences and RMSD and CMC for comparison of overall waveforms.

237 Bland-Altman analysis revealed that the systematic and random biases for the majority of angle RoM differences were $\leq 4.5^{\circ}$ with the exception of neck extension where the values were larger at 6.1° and $\pm 9.0^{\circ}$ respectively. The IMU suit systematically 238 underestimated the neutral to peak RoM. A small systematic bias was expected since the Vicon markers and IMU suit inertial 239 sensors were positioned independently on the body [35–38]. As this bias can be accounted for in the interpretation of the data, it 240 does not represent a major limitation in the use of the suit for applications where a specific level of accuracy is needed. Random 241 bias is, arguably, more important from a consideration of future applications and the results of this study suggest that generally the 242 RoM precision is in the range 3°-5° for all angles considered except neck extension where the value is much larger at 9°. This 243 suggests that the suit may be suitable for applications where it is good enough to detect RoMs to the nearest $3^{\circ}-5^{\circ}$ (except neck 244 extension). Following the research by Mcginley et al. [39] and Cuesta-Vargas et al. [40] it is suggested that for most common clinical 245 246 applications an error of $\leq 2^{\circ}$ is considered acceptable, as these errors of are in most cases too small to require interpretation. 247 Measurement errors of between 2° and 5° are also likely to be regarded as satisfactory but may require consideration when interpreting the data. While measurement errors of more than 5° should raise concern and may be large enough to mislead the 248 249 clinical interpretation of the data [39]. On this basis, the IMU suit demonstrates satisfactory measurement errors for all tested angles 250 except neck extension for which the suit data should be treated with caution.

251 The waveform measures of RMSDs and CMC gave excellent overall agreement between measurement systems (all RMSDs 252 < 4° and average CMC of 0.99), indicating the IMU suit and Vicon reference system produced highly similar waveform 253 characteristics. Both the RoM difference and RMSD results obtained in this study are in agreement with, or in many cases better than, results found in similar studies comparing IMU based measurement systems with optoelectronic Mo-Cap systems [7,8] [14] 254 [35] [41]. Bolink et al. [14] compared IMU's to an optoelectronic system to validate the IMU's capability to assess pelvic orientation 255 256 angles during gait, sit and stand transfers and step-up transfers, yielding RMSD results of between 2.7° and 4.4° for the frontal plane and between 4.4° and 8.9° for the sagittal plane. Kang and Gross [9] compared the same systems with the objective of validating 257 IMU's for the use in estimating upper body posture, RMSDs reported from this study were 2.9°, 2.7° and 2.2° for head flexion, 258 259 thorax flexion and shoulder shrug elevation respectively. Lebel et al. [7] compared commercially available IMU's to Mo-Cap by attaching the IMU's and reflective markers onto an artificial object moving under laboratory conditions and reported RoM 260 differences of 3.1° in slow motion conditions (90°/s) and statistically significant greater differences of 7.1° in fast motion conditions 261 (180°/s). Takeda et al. [41] compared hip and knee joint motion during gait evaluated simultaneously by IMU and Mo-Cap systems, 262 with the retroreflective markers attached to anatomical landmarks and reported mean RMSDs of 8.7° for hip flexion/extension, 6.7° 263 for knee joint flexion/extension and a mean RMSD of 4.9° for hip abduction/adduction. Finally, Seel et al. [35] compared IMU and 264

Mo-Cap systems when measuring knee and ankle flexion/extension during gait of a trans-femoral amputee between the prosthesis and the soft tissue leg, reporting RMSDs of 0.7° to 0.8° for the prosthesis leg and 1.6° to 3.3° for the soft tissue leg. This final study highlights the effect of soft tissue motion on the measurements in accentuating the difference between systems.

Some of the observed differences between systems in this study will have been a result of the retroreflective marker 268 placement. The markers were placed on soft tissue anatomical landmarks rather than attached to the IMU's; the latter has been the 269 270 preferred method in many IMU validation studies to minimize error [9,10] [35]. Markers were placed on anatomical landmarks so 271 that motion analysis could be analysed rather than absolute accuracy of the sensors. As expected, previous studies that placed 272 retroreflective markers on anatomical landmarks obtained significantly larger RMSDs than studies that placed the markers on the IMU's [35]. Furthermore, and in agreement with the results obtained here, studies that placed the markers on landmarks rather than 273 directly on the sensors have also reported a systematic underestimation in angular ROM measurement for the IMU system compared 274 to Vicon [42]. This may be the result of the markers being positioned on the extremities of segments, with the consequent potential 275 to undergo slightly larger angular displacements, compared to the IMU sensors which are positioned more centrally on the segments. 276 As discussed above, the IMU angle outputs generally demonstrated good agreement with those from Vicon, with relatively 277 278 small neutral to peak angle RoM differences. However, it was clear that the IMU suit struggled to provide acceptable measurements 279 for neck extension RoM. Neck extension angle was calculated from the head neuron and the virtual neck neuron, with little 280 information provided by Perception Neuron on how data for the latter was obtained. This heavy reliance on a virtual neuron, 281 particularly around the upper spine where flexion/extension is a complex motion, appears the most likely reasoning for the issue with the neck extension angles. More generally, it is expected that caution is needed in data from the IMU suit which is heavily 282 283 reliant on a virtual neuron. In contrast, shoulder angle relied only on real neurons and whilst the thorax involved a mix of real and virtual neurons as a segment angle expressed in the global reference frame it would not have suffered to the same extent as the neck. 284 285 Some limitations of this study should be acknowledged when interpreting the results. The two systems were compared based on 286 eight able-bodied participants all of a very similar age (20-25 yrs.). This relatively small sample size may have limited the outputs from the Bland-Altman analysis where a larger sample size would provide better estimations of the systematic and random biases. 287 Moreover, a small sample size may limit the generalizability of the relationship between the two systems by not adequately 288 representing the broader population, e.g. in soft tissue, body structure and pathological movement characteristics all of which have 289 the potential to influence the relationship between the systems [37,38]. Despite these limitations, the sample size chosen reflects 290 291 that used in similar IMU validation studies [9] [16,17] [29] [33]. None of the functional movements included within the protocol were constrained and only the primary axis of each movement was analysed, i.e. IMU suit performance about the lesser axes was 292 293 not considered. This methodology was implemented since the focus was on evaluating the IMU suit when worn by human participants performing natural movements relevant to the intended future application. Finally, trial duration was less than 10 294 seconds, meaning that the long-term usability and reliability of the IMU suit was not evaluated. In particular, the long-term effects 295 of gyroscopic drift or magnetic interference have not been assessed. Therefore, future analysis should include trials of longer 296 duration, i.e. from several minutes to several hours, in both static and dynamic conditions to identify any limitations in the 297

software's proprietary algorithm or sensors with respect to long capture times which would impact the quality and validity of the kinematic data. Moreover, a lower body assessment should be completed against the gold standard to determine the feasibility of a comprehensive full body kinematic analysis. The intended application requires an upper or full body assessment of surgeon postural motion during simulated laparoscopic surgery; this can last for multiple hours; therefore, the suit must be shown to acquire data reliably for extended durations.

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304 5. CONCLUSION

The validity of a commercially available Perception Neuron IMU suit was examined in terms of its ability to measure upper 305 body postural angle RoM during a range of functional movements. In most cases the IMU suit performed adequately with systematic 306 and random biases in mean neutral to peak RoM differences of $<5^{\circ}$ and mean waveform RMSDs of $<4^{\circ}$ indicating a relatively high 307 level of concurrency throughout each movement. The main exception was neck extension where the level of agreement was 308 substantially poorer indicating the need for extreme caution when interpreting IMU suit data for this angle. Movement speed 309 310 appeared to have a negligible effect on the performance of the IMU suit. Thus, the IMU suit appears a valid method for assessing upper body motion where a measurement precision of $3^{\circ}-5^{\circ}$ is sufficient. This level of measurement precision is adequate for the 311 312 intended application of objectively quantifying surgeon posture. When referring to the previously discussed acceptable error margins and the accuracy of similar measurement systems, the margin of error found for almost all functional movements within this study 313 is sufficient to not cause gross misinterpretation of optimal and sub-optimal postures. It should be noted that the integrity of these 314 conclusions is based on careful calibration and set up of the IMU suit to ensure correct positioning and minimal superficial 315 316 movement of the sensors.

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320 CONFLICTS OF INTEREST

321 The authors have no association with NOITOM Ltd, the developers of the inertial Mo-Cap system or with Vicon Motion systems.

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