

The Journal of Physiology

<https://jp.msubmit.net>

**JP-RP-2017-275107R2**

**Title:** Glucose and lactate as metabolic constraints on presynaptic transmission at an excitatory synapse

**Authors:** Sarah Lucas  
Christophe Michel  
Vincenzo Marra  
Joshua Smalley  
Matthias Hennig  
Bruce Graham  
Ian Forsythe

**Author Conflict:** No competing interests declared

**Author Contribution:** Sarah Lucas: Acquisition or analysis or interpretation of data for the work; Drafting the work or revising it critically for important intellectual content; Final approval of the version to be published Christophe Michel: Acquisition or analysis or interpretation of data for the work; Final approval of the version to be published Vincenzo Marra: Acquisition or analysis or interpretation of data for the work; Drafting the work or revising it critically for important intellectual content; Final approval of the version to be published Joshua Smalley: Acquisition or analysis or interpretation of data for the work; Final approval of the version to be published Matthias Hennig: Conception or design of the work; Acquisition or analysis or interpretation of data for the work; Drafting the work or revising it critically for important intellectual content; Final approval of the version to be published Bruce Graham: Conception or design of the work; Acquisition or analysis or interpretation of data for the work; Drafting the work or

**Disclaimer:** This is a confidential document.

revising it critically for important intellectual content; Final approval of the version to be published  
Ian Forsythe: Conception or design of the work; Acquisition or analysis or interpretation of data for the work; Drafting the work or revising it critically for important intellectual content; Final approval of the version to be published; Agreement to be accountable for all aspects of the work

**Running Title:** Energy constraints on presynaptic function

**Dual Publication:** No

**Funding:** Biotechnology and Biological Sciences Research Council (BBSRC): Sarah Lucas, Christophe B. Michel, Matthias H Hennig, Bruce Graham, BB/K01899X/1; Wellcome Trust: Vincenzo Marra, unknown; Medical Research Council (MRC): Joshua L. Smalley, Ian D. Forsythe, MR/K005170/1

1 Glucose and lactate as metabolic constraints on presynaptic  
2 transmission at an excitatory synapse

3

4 Running title: Energy constraints on presynaptic function

5

6 Sarah J. Lucas<sup>1</sup>, Christophe B. Michel<sup>2</sup>, Vincenzo Marra<sup>1</sup>, Joshua L. Smalley<sup>1</sup>,  
7 Matthias H. Hennig<sup>3</sup>, Bruce P. Graham<sup>2</sup> & Ian D. Forsythe<sup>1\*</sup>.

8 <sup>1</sup> Department of Neuroscience, Psychology & Behaviour, University of Leicester,  
9 Leicester, LE1 9HN, UK.

10 <sup>2</sup> Computing Science & Mathematics, Faculty of Natural Sciences, University of  
11 Stirling, Stirling, FK9 4LA, UK.

12 <sup>3</sup> Institute for Adaptive and Neural Computation, School of Informatics, University of  
13 Edinburgh, Edinburgh, EH8 9AB, UK.

14

15 \* Corresponding author, e-mail: idf@le.ac.uk

16 Number of figures: 12

17 Number of tables: 1

18

19 The authors declare no competing financial interests

## 20 **Acknowledgements**

21 This research was supported by the Biotechnology and Biological Sciences  
22 Research Council (IDF, MHH, BPG) and the Wellcome Trust (VM).

23 JLS present address: Department of Neuroscience, Tufts University School of  
24 Medicine, Boston, MA 02111, USA.

25

26 **Abstract**

27 The synapse has high energy demands, which increase during intense activity.  
28 Presynaptic ATP production depends on substrate availability and usage will  
29 increase during activity, which in turn could influence transmitter release and  
30 information transmission. We investigated transmitter release at the mouse calyx of  
31 Held synapse using glucose or lactate (10, 1 or 0 mM) as the extracellular substrates  
32 while inducing metabolic stress. High frequency stimulation (HFS) and recovery  
33 paradigms evoked trains of EPSCs monitored under voltage-clamp. Whilst  
34 postsynaptic intracellular ATP was stabilised by diffusion from the patch pipette,  
35 depletion of glucose increased EPSC depression during HFS and impaired  
36 subsequent recovery. Computational modelling of these data demonstrated a  
37 reduction in the number of functional release sites and slowed vesicle pool  
38 replenishment during metabolic stress, with little change in release probability.  
39 Directly depleting presynaptic terminal ATP impaired transmitter release in an  
40 analogous manner to glucose depletion. In the absence of glucose, presynaptic  
41 terminal metabolism could utilise lactate from the aCSF and this was blocked by  
42 inhibition of monocarboxylate transporters (MCT). MCT inhibitors significantly  
43 suppressed transmission in low glucose, implying that lactate is a presynaptic  
44 substrate. Additionally, block of glycogenolysis accelerated synaptic transmission  
45 failure in the absence of extracellular glucose, consistent with supplemental supply  
46 of lactate by local astrocytes. We conclude that both glucose and lactate support  
47 presynaptic metabolism and that limited availability, exacerbated by high intensity  
48 firing, constrains presynaptic ATP, impeding transmission through a reduction in  
49 functional presynaptic release sites as vesicle recycling slows when ATP levels are  
50 low.

51

## 52 **Key Points**

- 53 • Synapses have high energy demands which increase during intense activity.  
54 We show that presynaptic terminals can utilize extracellular glucose or lactate  
55 to generate energy to maintain synaptic transmission.
- 56 • Reducing energy substrates induces a metabolic stress: presynaptic ATP  
57 depletion impaired synaptic transmission through a reduction in the number of  
58 functional synaptic vesicle release sites and a slowing of vesicle pool  
59 replenishment, without a consistent change in release probability.
- 60 • Metabolic function is compromised in many pathological conditions (e.g.  
61 stroke, traumatic brain injury and neurodegeneration). Knowledge of how  
62 synaptic transmission is constrained by metabolic stress, especially during  
63 intense brain activity will provide insights to improve cognition following  
64 pathological insults.

65

66

## 67 **Introduction**

68 Energy provision for synaptic transmission is crucial for cognition and the  
69 relationship between brain activity and local nutrient supply is exploited in fMRI  
70 imaging. Transmission of information across synapses requires high levels of energy  
71 to maintain ionic gradients,  $\text{Ca}^{2+}$  extrusion and vesicular recycling (Attwell and  
72 Laughlin, 2001; Harris et al., 2012), hence during periods of high activity an  
73 imbalance between energy generation and consumption may influence neuronal  
74 function and compromise information transmission. The study of neuronal  
75 metabolism is often based on primary cultures and pharmacological block of

76 glycolysis or mitochondrial respiration; but to understand energy constraints on  
77 information transmission a more physiological situation would be advantageous.

78 Metabolic demand is not uniform and varies between brain regions, with the auditory  
79 pathway having some of the highest metabolic rates in the nervous system (Sokoloff  
80 et al., 1977). The calyx of Held/MNTB synapse in the auditory brainstem can sustain  
81 high frequency transmission at rates of over 300 Hz (Kopp-Scheinflug et al., 2011).  
82 The density, proximity, and morphology of mitochondria close to the presynaptic  
83 active zone is consistent with high metabolic rates at the calyx of Held (Satzler et al.,  
84 2002; Perkins et al., 2010). The large size of the calyx presynaptic terminal and its  
85 target onto single neurons in the medial nucleus of the trapezoid body (MNTB)  
86 allows access to both the pre- and postsynaptic compartments and makes it an ideal  
87 preparation for direct investigation of metabolic influence (see von Gersdorff & Borst,  
88 2002; Schneggenburger & Forsythe 2006).

89 Glucose deprivation is well known to compromise synaptic transmission (Akasu et  
90 al., 1996; Calabresi et al., 1997; Izumi et al., 1997). The mechanisms through which  
91 energy depletion impairs presynaptic function are the subject of intense interest in  
92 terms of both basic science and the association with diabetes, aging and dementia  
93 (Duarte, 2015; Feinkohl et al., 2014). The brain as a whole, preferentially  
94 metabolises glucose to meet its energy demands, but the extent to which neurons  
95 use glucose directly and/or require lactate via the astrocyte-neuron lactate shuttle  
96 (ANLS) (Pellerin and Magistretti, 1994) is a matter of debate. Some recent studies  
97 have indicated that the lactate shuttle is required to maintain neuronal function  
98 (Nagase et al., 2014; Suzuki et al., 2011), while others have proposed that glucose is  
99 the primary neuronal energy source (Dienel, 2012; Simpson et al., 2007).

100 We have used the calyx of Held/MNTB synapse in an *in vitro* brain slice preparation  
101 to measure the contribution of energy substrates, glucose and lactate, in maintaining  
102 synaptic transmission. This configuration allows recording from both the presynaptic  
103 calyx and postsynaptic neuron, and also preserves the close association of a  
104 supporting glial cell with the synapse (Uwechue et al., 2012). The results show that  
105 at physiological concentrations, glucose was used directly by the terminal, but that  
106 lactate also contributed to the maintenance of normal synaptic transmission. Glucose  
107 depletion increased synaptic depression during high frequency stimulation (HFS)  
108 and impaired the subsequent recovery of EPSC amplitude. This effect of glucose  
109 depletion was mimicked by dialysing the presynaptic terminal with low ATP (0.1  
110 mM). Model-based analysis of the experimental data indicated that impairment in  
111 ATP availability causes a significantly greater decline in the size of the readily  
112 releasable vesicle pool (RRVP), with the RRVP failing to recover even after minutes  
113 of rest between HFS epochs. This suggests that the metabolic demand of vesicle  
114 recycling places constraints on synaptic function under metabolic stress.

115

## 116 **Materials and Methods**

### 117 *Electrophysiology & live fluorescent imaging*

118 Experiments were performed in accordance with the Animals (Scientific Procedures)  
119 Act 1986, UK. Transverse brainstem slices (thickness: 250  $\mu\text{m}$  for postsynaptic  
120 recording with synaptic stimulation and 120  $\mu\text{m}$  for paired pre- and post-synaptic  
121 recordings) were prepared from male and female P13-18 CBA/Ca mice killed by  
122 decapitation. Slices containing the MNTB were prepared in an ice-cold high sucrose  
123 saline composed of (in mM); sucrose (250), KCl (2.5),  $\text{NaHCO}_3$  (26),  $\text{NaH}_2\text{PO}_4$

124 (1.25), D-glucose (10), ascorbic acid (0.5), MgCl<sub>2</sub> (4) and CaCl<sub>2</sub> (0.1) saturated with  
125 95% O<sub>2</sub> and 5% CO<sub>2</sub>. Slices recovered in oxygenated artificial cerebrospinal fluid  
126 (aCSF) for at least 1 h at 34 °C. The aCSF was composed of (in mM); NaCl (125),  
127 NaHCO<sub>3</sub> (26), KCl (2.5), NaH<sub>2</sub>PO<sub>4</sub> (1.25), myo-inositol (3), D-glucose (10), MgCl<sub>2</sub> (1),  
128 and CaCl<sub>2</sub> (2).

129

130 Whole-cell patch recordings were made from single slices held in a recording  
131 chamber at 33 ± 2 °C and perfused at 1 ml/min with oxygenated aCSF. We  
132 performed either postsynaptic recordings, or paired recordings where we  
133 simultaneously patched both the presynaptic terminal and postsynaptic neuron.  
134 Glass recording pipettes had a resistance of 3-6 MΩ. Postsynaptic pipettes were  
135 filled with a whole-cell patch solution composed of (in mM) K-gluconate (97.5), KCl  
136 (32.5), HEPES (5), EGTA (5), NaCl (5), MgCl<sub>2</sub> (1) and K<sub>2</sub>-ATP (2); presynaptic  
137 pipettes contained (in mM) K-gluconate (97.5), KCl (32.5), HEPES (10), EGTA (0.2),  
138 MgCl<sub>2</sub> (1), Na-glutamate (10), Na-GTP (0.3). Stated voltages were not corrected for  
139 a liquid junction potential of -9 mV.

140

141 Chemicals and drugs were purchased from Sigma-Aldrich unless specified. Other  
142 drugs were purchased as listed here: monocarboxylate transporter inhibitor AR-  
143 C155858 (Tocris, 4960) FM1-43FX (Molecular Probes, cat. no. F35355) alpha-  
144 Latrotoxin (Alomone, LSP-130) Bromophenol Blue (Acros, cat. no. 151340250).  
145 Drugs were applied by perfusion in the aCSF.

146

147 MNTB neurons with calyceal inputs were visually identified using a Nikon Eclipse  
148 E600FN and a 60x DIC objective. Recordings were made using a Multiclamp 700B

149 amplifier and Clampex/Clampfit software (Molecular Devices) for data acquisition  
150 and analysis. Responses were digitised at 20 kHz and filtered at 10 kHz, and the  
151 whole-cell capacitance compensated. The mean series resistance was 16 MOhms  
152 (range 6-25 MOhms) and series resistance was compensated by 70 %.  
153 Experiments were interleaved between control and test conditions through the  
154 experiments and the Rs were similar for each data set. Rs was checked prior to  
155 each 30s train and after the last recovery stimulation of each epoch throughout the  
156 20-35 minutes of recording. Recordings discarded if the series resistance changed  
157 by more than 20 %, or went above 25 MOhms. EPSCs were recorded from MNTB  
158 neurons voltage-clamped at a holding potential of -40 mV. A bipolar stimulating  
159 electrode was positioned at the midline to evoke action potentials in the axons  
160 projecting to the MNTB; high frequency stimulation (HFS; 100 Hz for 30s) was given,  
161 followed by 6 pulses over the subsequent 30s to probe the recovery (Figure 1B).  
162 This protocol was given 10 min after a change in the aCSF composition and then  
163 repeated at 5 min intervals (i.e. at 15, 20, 25 and 30 mins) in all unpaired  
164 experiments (see example in Figure 1 E & F). The stimulation voltage was twice the  
165 voltage threshold required to evoke an EPSC. Presynaptic terminals were voltage-  
166 clamped at -80 mV and HFS (100 Hz for 2 s) and subsequent recovery pulses  
167 evoked using voltage ramps to mimic action potentials (Figure 5A). The HFS  
168 protocol was given 1-2 min after breaking into the presynaptic terminal and then  
169 repeated 5 min later. The peak EPSC was mediated by AMPAR, with little  
170 contribution from NMDAR at this age and potential (Steinert et al., 2010). AMPAR  
171 desensitization also had little or no impact on synaptic response amplitude at near  
172 physiological temperatures and with 10 ms between stimuli (Wong et al., 2003).

173

174 Live imaging of slices was performed with slices perfused with aCSF containing 10  
175 mM glucose or zero glucose and with a stimulating electrode placed at the midline to  
176 give 4x HFS at 5 min intervals. FM1-43FX dye (10  $\mu$ M) was applied 1 minute before  
177 the third (20 min) HFS and was present until 1 minute after the end of the stimulation  
178 to allow endocytosis of released vesicles and subsequent internalization of FM1-  
179 43FX. Bromophenol Blue (BPB, 0.5 mM, Harata et al., 2006) was then perfused in  
180 the extracellular solution to quench residual FM-143FX fluorescence. Live imaging  
181 was performed at 2 Hz, immediately before and during the fourth (25 min) HFS using  
182 a Nikon water immersion objective (40x, NA 0.8), a Nikon HGFI mercury lamp, a  
183 470/40nm excitation filter, a 630/60nm emission filter and an Optimos sCMOS  
184 camera (Q-Imaging) controlled via Micro-Manager software (RRID:SCR\_000415;  
185 Edelstein et al., 2014). Following the fourth HFS,  $\alpha$ -Latrotoxin (Lat, 10 nM) was  
186 applied for 2 minutes to deplete the releasable pool before acquisition of a final  
187 image. Fluorescence values in Lat were used to normalise the total vesicular  
188 fluorescence, and fluorescence was quantified using Fiji (RRID:SCR\_002285;  
189 Schindelin et al., 2012) terminals were analysed only if the rate of fluorescence loss  
190 was 5 times faster than photobleach measured at background regions.

191

## 192 *Analysis*

193 Prism software (RRID:SCR\_002798) was used to fit the recovery curves to mean  
194 data, to perform t-tests, two-way ANOVA or two-way repeated measures (RM)  
195 ANOVAs (followed by Dunnett's or Bonferroni post hoc tests, as appropriate). For 30  
196 s trains every 100th EPSC was analysed, and for the 2 s trains every 10th EPSC  
197 was analysed by two-way RM-ANOVA, due to the large number of EPSCs. Data are  
198 mean  $\pm$  SEM with statistical confidence  $<0.05$  ( $\alpha$ , presented as p, specific values). A

199 power calculation ( $1-\beta$ , %) for statistical significant data indicates the probability that  
200 type II errors have been excluded (<http://clincalc.com/stats/power.aspx>). Sample  
201 size,  $n$ , is the number of electrophysiology recordings; all were from different animals  
202 except for the paired recordings, where the number of animals used is given in  
203 brackets. For imaging experiments  $n$  is the number of calyces.

204

205

### 206 *Western blot*

207 Protein immunoblots were conducted using standard methods. Briefly, tissue  
208 samples were homogenised using a pestle homogeniser in RIPA buffer (150 mM  
209 sodium chloride, 1 % Triton X-100, 0.5 % sodium deoxycholate, 0.1 % SDS and 50  
210 mM Tris, pH 8.0) supplemented with Mini cOmplete and PhosStop protease and  
211 phosphatase inhibitors. The resulting solution was sonicated and the protein  
212 concentration measured using a Bradford assay. 50 mg of total protein lysate was  
213 subjected to SDS-PAGE electrophoresis. Subsequently, proteins were transferred to  
214 nitrocellulose membrane and protein bands visualised in a FujiFilm LAS-3000 imager  
215 using primary antibodies, HRP-conjugated secondary antibodies and ECL reagents  
216 (Pierce, UK).

217

### 218 *Modelling*

219 A mathematical model of the EPSC amplitude in response to presynaptic action  
220 potentials (APs) at the calyx of Held was developed from a previously published  
221 model based on extensive experimental data (Meyer et al., 2001; von Gersdorff &  
222 Borst, 2002; Hennig et al., 2008). New model components are added to account for  
223 the effects of ATP depletion. All model components are described as follows.

224 The fraction of transmitter,  $T$ , released from the presynaptic terminal in response to a  
 225 single AP arriving at time  $t$ , depends on the readily releasable vesicle pool (RRVP)  
 226 occupancy,  $n$ , and the vesicle release probability,  $p$ :

$$T(t) = n(t) \cdot p(t)$$

227 Both the release probability and vesicle pool size are dynamic variables, allowing  
 228 modelling of vesicle pool depletion, and facilitation and slow depression of release  
 229 probability (Hennig et al., 2008). EPSC amplitude is assumed to be proportional to  $T$ .

230 The RRVP size is modelled as a continuous normalised variable,  $n(t)$ , with  $n(t) =$   
 231  $n_{max}$  corresponding to all available release sites containing a docked vesicle.

232 Synaptic stimulation results in vesicle release and hence changes in the RRVP, as  
 233 given by:

$$\frac{dn(t)}{dt} = \frac{n_{max} - n(t)}{\tau_r(t)} - \sum_j \delta(t - t_j) \cdot p(t) \cdot n(t)$$

234 APs arrive at times  $t_j$ , resulting in vesicle release and depletion of the RRVP. The  
 235 RRVP is replenished with time constant,  $\tau_r$ , from an effectively infinite reserve pool  
 236 and may reach a maximum size  $n_{max}$ . During HFS  $\tau_r$  is small due to fast, activity-  
 237 dependent recovery (Hennig et al., 2008) and its initial value,  $\tau_{r0}$  is obtained from  
 238 fitting to the initial phase (0.5 s) of depression during stimulation. To model extra  
 239 depression of the EPSC amplitude during HFS in zero glucose,  $\tau_r$  is allowed to  
 240 increase in value during the HFS (see below). During recovery, the replenishment  
 241 rate at the end of the HFS,  $\tau_{rH}$  increases rapidly, with time constant  $\tau_d$ , to a slower  
 242 background rate (larger time constant),  $\tau_{rR}$ , according to:

$$\tau_r(t) = \tau_{rH} + (\tau_{rR} - \tau_{rH}) / (1 - e^{-t/\tau_d})$$

243 The experimental data shows that glucose depletion results in a greater EPSC  
 244 depression during HFS followed by recovery to a lower maximum EPSC amplitude,  
 245 while the rate of recovery is not significantly slower. Two factors are used to capture  
 246 this behaviour in the model. Firstly, the increased depression during HFS is modelled  
 247 by increasing  $\tau_r$  during the HFS (thus slowing activity-dependent replenishment of  
 248 the RRVP and so reducing  $n$ ) according to a logistic function:

$$\tau_r(t) = \tau_{r0} / [A_n + (1 - A_n) / (1 + e^{(t-t_n)/k_n})]$$

249 where  $A_n$  is the steady-state fractional increase in  $\tau_r$  reached following HFS (final  $\tau_r$   
 250 denoted  $\tau_{rH}$ ),  $t_n$  is the half-time increase, and  $k_n$  determines the rate of the increase  
 251 (larger  $k_n$  means slower increase). To model the recovery to a reduced EPSC  
 252 amplitude, the maximum RRVP size,  $n_{max}=1$  during HFS, is set to a lower value,  
 253  $n_{max}=n_{rec}$ , during the recovery phase, implying a reduction in the number of functional  
 254 release sites.

255 Facilitation of release probability,  $p(t)$ , is modelled by increasing the release  
 256 probability by the amount  $k_f \cdot (1 - p(t))$  after each presynaptic AP. Release  
 257 probability then decays with time constant  $\tau_f$  to base release probability  $c(t)$ :

$$\frac{dp(t)}{dt} = \frac{c(t) - p(t)}{\tau_f} + \sum_j \delta(t - t_j) \cdot k_f \cdot (1 - p(t))$$

258 The variable  $c(t)$  (initialised to  $P_0$ ) accounts for a slow depression of  $p$ , underpinning  
 259 the slow rundown in EPSC amplitude during long stimulations (Hennig et al., 2008).  
 260 Each presynaptic AP reduces  $c(t)$  by  $k_i \cdot c(t)$  which then recovers to its resting value  
 261  $P_0$  with a time constant  $\tau_i$ :

$$\frac{dc(t)}{dt} = \frac{P_0 - c(t)}{\tau_i} - \sum_j \delta(t - t_j) \cdot k_i \cdot c(t)$$

262 Automated non-linear curve fitting was used to fit simulated normalised EPSC  
 263 amplitudes to experimentally obtained EPSCs during HFS followed by a recovery  
 264 period. Peak EPSC amplitudes were extracted from each experimental recording to  
 265 give the data against which the model was optimised.

266 Since the electrophysiological recordings only contain one stimulation frequency,  
 267 one parameter value was fixed to reduce the degrees of freedom in the fitting: in  
 268 these recording conditions, the facilitation fraction,  $k_f$ , balances somewhat the value  
 269 of the facilitation time constant,  $\tau_f$ , so its value has been fixed to 0.03 and only  $\tau_f$  is  
 270 identified.

271 Parameter identification proceeded as follows:

- 272 1. Parameters  $\tau_{r0}$ ,  $\rho_0$ , and  $\tau_f$  were identified from the first 0.5 s of HFS (other  
 273 slower model components were not present).
- 274 2. With the above parameter values fixed, the remaining parameters were  
 275 identified from the remaining period of HFS (29.5 s) plus the recovery period.
- 276 3. On entering recovery, the maximum RRVP size,  $n_{max}$  is set to a new value  $n_{rec}$   
 277 which is identified from the final, recovered steady-state EPSC amplitude.

278 All the simulations and the parameter identification procedure were implemented in  
 279 Python 2.7. The model error was calculated as the sum-of squares difference  
 280 between the model and mean experimental EPSC amplitudes at all stimulation time  
 281 points. Parameter identification to minimise this error was done with the *fmin* function

282 of the *scipy.optimize* Python package. The model differential equations were  
283 numerically integrated with the *odeint* function of the *scipy.integrate* Python package.

284

## 285 **Results**

### 286 *Impaired presynaptic function following glucose deprivation*

287 The aim was to manipulate energy supply selectively to the presynaptic terminal.

288 The postsynaptic neuron was rendered independent of aCSF substrate availability

289 by diffusion of ATP from the recording patch pipette (Figure 1A). Under control

290 conditions slices were perfused with standard aCSF containing 10 mM glucose. The

291 HFS paradigm (100 Hz, 30 s, i.e. 3000 evoked responses, Figure 1B) caused a

292 profound depression of EPSC amplitude within 0.2 s in every case (Figure 1C,

293 representative example) that continued at a slower rate throughout the continuing 30

294 s of stimulation (e.g. Figure 3A). The EPSC amplitude fully recovered within 20 s of

295 the end of the HFS (Figure 1D, same recording as 1C). This HFS was repeated in

296 four cells, at 5 min intervals, with no significant change in the magnitude of EPSC

297 depression or recovery over 30 min. Each 5 min cycle of HFS is referred to as an

298 'HFS epoch'. This reproducible cycle of EPSC depression and recovery is plotted in

299 Figure 1E (filled circles for the first and last EPSCs in the HFS and open circles for

300 the recovery phase).

301 Depletion of energy substrate was achieved by switching to an aCSF containing zero

302 glucose, Figure 1F shows the results of the HFS paradigm under this condition

303 (Figure 1F). By the fourth epoch under the energy depleted condition, the EPSC

304 amplitude was highly depressed ( $69.1 \pm 7.9\%$  compared to  $20.3 \pm 12.6\%$  in 10 mM

305 glucose control). This observation is further analysed in Figure 2, where the raw and  
306 mean EPSC amplitudes for control (10 mM) and zero glucose conditions are plotted.

307 After 20 min of zero glucose the EPSC amplitude had depressed by  $89.2 \pm 3.3 \%$   
308 ( $n=6$ ) at the end of HFS, compared to  $59.7 \pm 5.9 \%$  depression in controls with 10  
309 mM glucose ( $n=4$ , Figure 2A, 2B for raw and normalised data, respectively; example  
310 EPSC traces in Figure 2D). The EPSC depression at the start of the HFS was similar  
311 in both conditions. However, during the last 8 s of HFS the magnitude of the  
312 depression significantly increased in the zero glucose condition compared with  
313 control (two-way RM-ANOVA, interaction  $p<0.001$ , Bonferroni post hocs  $p<0.05$  for  
314 last 8 s of HFS; Figure 2B; at 25 minutes EPSCs had depressed by  $54 \pm 6.0 \%$  in 10  
315 mM glucose and  $79.6 \pm 5.5 \%$  with 0 mM glucose; interaction  $p<0.001$ , Bonferroni  
316 post hocs  $p<0.05$  for last 8 s of HFS, power = 88.4 %). The recovery of EPSC  
317 amplitude was best fit by a double exponential under control conditions (10 mM  
318 glucose,  $\tau_{\text{fast}} 226 \pm 117$  ms (44% amplitude ratio);  $\tau_{\text{slow}} 2.6 \pm 2.5$  s) but after 20 min of  
319 zero glucose the rapid phase of recovery was lost (Figure 2C), and recovery was  
320 best fit by a slow exponential ( $\tau 4.3 \pm 0.6$  s). In control conditions the EPSC  
321 amplitude fully recovered ( $94.8 \pm 8.4\%$  of first EPSC, t-test,  $p=0.58$ ), but in the  
322 absence of glucose the EPSC amplitude failed to fully recover by 20 s after the HFS  
323 ( $61.4 \pm 14.9 \%$  of first EPSC, t-test,  $p=0.048$ ), and remained depressed after 4 min of  
324 rest without stimulation (i.e. between epochs).

325 The decreased EPSC amplitude could reflect a reduction in either release probability  
326 or in the size of the RRVP. Coefficient of variation (standard deviation/mean) and  
327 variance / mean were calculated to give an indication of which factors are dominant.  
328 EPSC amplitudes were measured to calculate their mean, variance and standard

329 deviation at early (3-4 s) and late (29-30 s) segments of the HFS train, since at these  
330 times the EPSC amplitudes were relatively stable. Mean EPSC amplitude is given  
331 by  $n \cdot p \cdot q$ , which has variance =  $npq^2(1-p)$ . Thus the variance/mean =  $q(1-p)$  and CV  
332 =  $\text{std dev}/\text{mean} = \sqrt{(1-p)/np}$ . After 20 min without glucose the early coefficient of  
333 variation ( $0.10 \pm 0.01$ ,  $n=6$ ) was not significantly different from that measured in  
334 control ( $0.08 \pm 0.01$ ,  $n=4$ ; two-way repeated measures ANOVA, between groups  
335  $p=0.008$ , Bonferroni post hoc  $p>0.99$ ; Figure 2E left panel). However, the late  
336 coefficient of variation was significantly increased in the zero glucose condition ( $0.23$   
337  $\pm 0.03$ ) compared to control ( $0.10 \pm 0.01$ , Bonferroni post hoc  $p=0.01$ ). CV depends  
338 on both  $n$  and  $p$  (but not  $q$ ), while  $\text{var}/\text{mean}$  depends on  $q$  and  $p$ . Since the  $\text{var}/\text{mean}$   
339 was the same for all (two-way repeated measures ANOVA, between groups  $p=0.99$ ;  
340 Figure 2E right panel),  $q$  and  $p$  can be assumed to both be stable across time points  
341 and conditions, hence the increase in CV late in the HFS with zero glucose, must be  
342 due to a decrease in  $n$ . This discounts a decrease in release probability as a major  
343 cause of the decrease in EPSC amplitude during HFS, and so the increase in  
344 coefficient of variation in zero glucose is likely caused by a decrease in the RRVP  
345 size.

346 HFS given after 25 min of continued perfusion of zero glucose resulted in EPSC  
347 failures in 3 out of 4 cells (Figure 2F, timing of failures are indicated by filled  
348 triangles). Throughout these experiments the postsynaptic neurons (that had  
349 maintained ATP from the patch pipette) had stable holding currents (data not  
350 shown).

351 *ATP depletion reduced RRVP size and the number of functional release sites.*

352 The above experimental data was used to fit a model of transmission at the calyx of  
353 Held from which presynaptic release parameters could be estimated. The model  
354 produced very good fits in both 10 mM ( $n=4$ ) and zero glucose conditions to the  
355 normalised, averaged EPSC data ( $n=5$ , except for 25 min where  $n=3$ ; Goodness of  
356 fit values all 0.99; Figure 3A-D). The early phase of HFS (0.5 s) was well fit by a  
357 combination of a facilitating release probability,  $p$ , and a depressing RRVP size,  $n$ ,  
358 that recovered at a fast, activity dependent rate (time constant,  $\tau_{r0}$ , on the order of 50  
359 msec; Table 1; Figure 4A-D insets). The identified values for the initial release  
360 probability ( $P_0$ ), facilitation ( $\tau_f$ ) and initial activity-dependent vesicle recovery rate ( $\tau_{r0}$ )  
361 were consistent between control and zero glucose conditions and across all epochs  
362 (Table 1). Slow depression of release probability sees  $p$  settle at stable values after  
363 around 5 secs of HFS (Figure 4C,D), while the RRVP size,  $n$ , continues to decline  
364 due to a slowing of the activity-dependent replenishment rate (Figure 4A,B). The  
365 slowing of replenishment was greatly enhanced in the later epochs in zero glucose  
366 (Figure 4B). The time course of recovery was dominated by the slow recovery of the  
367 release probability, with residual activity-dependent replenishment allowing the  
368 RRVP size to recover quickly.

369 The model captured the enhanced EPSC depression during HFS as glucose  
370 concentration declined during the sequential epochs (Figure 3B-D) as an increase in  
371 the activity-dependent replenishment time constant,  $\tau_r$ , resulting in a decrease in the  
372 RRVP size (Figure 4B). This reduction in RRVP size ( $n$ ) was largely sufficient to  
373 account for the increase in coefficient of variation of EPSC amplitude measured in  
374 the experimental data. The increase in coefficient of variation during HFS at 20 min  
375 in zero glucose (Figure 2E left panel) was consistent with  $n$  decreasing by a factor of

376 5.3 (assuming release probability or quantal size do not change) and the model  
377 predicted a change of 4.5.

378 The impaired EPSC recovery following HFS was captured in the model by a  
379 sustained reduction in the maximum RRVP size (functional release sites) where  
380 recovery became increasingly incomplete over the 15, 20 or 25 min epochs (Figure  
381 4B and Table 1).

382 Vesicular cycling was measured without dialysis of the presynaptic terminal, by  
383 imaging vesicles that were labelled using the styryl dye FM1-43FX, in slices perfused  
384 with 10 mM glucose and zero glucose aCSF (Figure 5A). Vesicles were labelled by  
385 applying FM1-43FX immediately before the 20 min HFS epoch, and the rate of  
386 release was subsequently measured by washing out the dye and imaging at 2 Hz  
387 during the HFS at 25 minutes. We observed a faster rate of release in 10 mM  
388 glucose compare to zero glucose (Figure 5B), consistent with the impaired synaptic  
389 transmission observed while monitoring EPSCs in zero glucose (Figure 2). A  
390 measure of synaptic vesicles labelled with FM1-43FX during the 20 min epoch, was  
391 made after  $\alpha$ -Latrotoxin induced FM-destaining following the 25 min HFS to ensure  
392 exocytosis of all labelled vesicles. The ratio of FM-dye fluorescence after  $\alpha$ -  
393 Latrotoxin over fluorescence after labelling ( $F_{Lat}/F_0$ ) is significantly lower for synapses  
394 perfused with 10 mM glucose (n=14) compared with the ones perfused with zero  
395 glucose (n=12, t-test,  $p < 0.001$ ; Figure 5B), suggesting that a smaller number of  
396 vesicles underwent release and endocytosis at the 20 min epoch in zero glucose  
397 compared to 10 mM glucose.

398

399 *Reducing presynaptic ATP levels impairs vesicle replenishment*

400 We have assumed that the mechanism underlying impaired presynaptic function  
401 during glucose depletion was caused by reduced presynaptic ATP; to test this  
402 hypothesis, paired pre- and postsynaptic recordings were performed where the  
403 presynaptic ATP concentration was changed by dialysis from the pipette (while  
404 monitoring synaptic transmission). The experimental paradigm is shown in Figure 6A  
405 and example EPSCs in Figure 6B.

406 ATP hydrolysis was blocked in the terminal by diffusion of 2.2 mM ATP $\gamma$ S (a non-  
407 hydrolysable analog of ATP) from the presynaptic patch pipette and this was  
408 compared to a control condition where the pipette contained 2.2 mM ATP. After 1-2  
409 min of dialysis the depression of EPSC amplitude during HFS was similar with either  
410 ATP or ATP $\gamma$ S in the presynaptic pipette (ATP $\gamma$ S,  $51.5 \pm 8.2$  %,  $n=5$ ; compared to  
411 ATP,  $53.0 \pm 9.8$  %,  $n=7$ ; two-way RM-ANOVA, between groups  $p=0.91$ , interaction  
412  $p=0.16$ ; Figure 6C,D). However, even at this early time-point, the EPSC recovery  
413 was slowed by ATP $\gamma$ S (ATP,  $\tau 4.4 \pm 1.0$  s and ATP $\gamma$ S,  $\tau 12.2 \pm 14.4$  s) so that EPSC  
414 recovery was significantly impaired in the presence of ATP $\gamma$ S compared to ATP  
415 (two-way RM-ANOVA, between group  $p<0.01$ ). The EPSC amplitude fully recovered  
416 by 30 s after the end of the HFS with ATP in the patch pipette ( $85.5 \pm 7.9$  % of first  
417 EPSC, t-test,  $p=0.12$ ), but remained significantly depressed with ATP $\gamma$ S in the  
418 pipette ( $41.3 \pm 8.4$  % of first EPSC, t-test,  $p=0.002$ ; Figure 6E). When HFS was  
419 repeated 5 min later, EPSC amplitude had not recovered; the raw EPSC amplitude  
420 at the start of the second HFS was only  $0.72 \pm 0.32$  nA ( $n=5$ ) with ATP $\gamma$ S, compared  
421 to  $4.9 \pm 0.8$  nA ( $n=12$ ) with ATP (data not shown). This pharmacological block of  
422 ATP hydrolysis supports the interpretation that the compromised transmission with  
423 glucose depletion was due to lack of ATP.

424 To more closely mimic the presynaptic condition occurring with glucose depletion, a  
425 less extreme protocol was required, so presynaptic paired recordings were repeated  
426 and presynaptic ATP lowered from 2.2 to 0.1 mM (without adding ATP $\gamma$ S). The total  
427 adenine nucleotide concentration in the presynaptic pipette was maintained constant  
428 at 2.2 mM (Jolivet et al., 2015), so for the low (0.1 mM) ATP condition, 2.1 mM AMP  
429 was added to the presynaptic pipette. Under these conditions HFS within 1-2 min of  
430 breaking into the presynaptic terminal resulted in an EPSC depression with low ATP  
431 in the pipette ( $69.0 \pm 2.9$  %,  $n=8$ ) that was similar to that with high ATP ( $53.0 \pm 9.8$   
432 %,  $n=7$ ; two-way RM-ANOVA, between groups  $p=0.12$ , interaction  $p=0.45$ ; power  
433 35%, Figure 6F,G). The time course of EPSC amplitude recovery in the low ATP  
434 condition was significantly altered (two-way RM-ANOVA, interaction  $p<0.001$ ,  
435 between groups  $p=0.15$ ), but in both high and low ATP conditions EPSC amplitude  
436 had recovered by 30 s after HFS (high ATP alone  $85.5 \pm 7.9$  % of first EPSC, t-test,  
437  $p=0.12$ ; low ATP  $102.3 \pm 4.3$  % of first EPSC, t-test,  $p=0.61$ ; Figure 6H). The  
438 recovery curves were best fit with a single exponential (high ATP  $\tau 4.4 \pm 1.0$  s, low  
439 ATP  $\tau 12.5 \pm 2.3$ s). HFS was repeated 6-7 min after breaking into the presynaptic  
440 terminal once there had been more time for dialysis to occur. In the low ATP  
441 condition the EPSC depression ( $85.7 \pm 2.2$  %,  $n=12$ ) was significantly increased  
442 compared to the high ATP condition ( $70.0 \pm 2.8$  %,  $n=12$ ; two-way RM-ANOVA,  
443 between groups  $p<0.001$ , interaction  $p=0.17$ ; Figure 6B,I,J). There was a significant  
444 difference between the high and low ATP groups in the magnitude of EPSC  
445 amplitude during recovery (two-way RM-ANOVA, between groups  $p=0.011$ ;  
446 power=99 %, Figure 6B,K). The recovery curves were best fit with single  
447 exponentials (high ATP  $\tau 6.9 \pm 0.5$  s; low ATP  $\tau 7.4 \pm 1.1$  s; Fig 6K). EPSC amplitude  
448 failed to fully recover within 30 s after the HFS with low presynaptic ATP ( $69.2 \pm 4.5$

449 % of first EPSC, t-test,  $p < 0.001$ ), and while the magnitude of the recovery was  
450 greater with high presynaptic ATP the EPSC amplitude failed to fully recover ( $83.5 \pm$   
451  $5.7$  % of first EPSC, t-test,  $p = 0.01$ ). These results indicate that high frequency  
452 transmission and subsequent EPSC recovery require presynaptic ATP, but also that  
453 dialysis of the presynaptic terminal alters vesicle recycling even when a high  
454 concentration of ATP is supplied.

455 These data therefore confirm that the changes observed in synaptic transmission on  
456 removal of glucose are a consequence of presynaptic ATP depletion from the  
457 terminal with subsequent impaired vesicle recycling. Having set up a means to  
458 investigate metabolic demand in a functional synapse, we asked to what extent other  
459 substrates substitute for glucose and tested the astrocyte-neuron lactate shuttle  
460 (ANLS) hypothesis.

461 *At physiological glucose concentrations the lactate shuttle is required for*  
462 *maintenance of presynaptic function*

463 We tested whether the lactate shuttle was an important energy source for  
464 presynaptic terminals at physiological glucose concentrations, by blocking lactate  
465 uptake with monocarboxylate transporter (MCT) inhibitors. For these experiments we  
466 returned to only patching the postsynaptic MNTB neuron and using electrical  
467 stimulation of the calyx axons to evoke HFS and recovery pulses at 5 min intervals.  
468 We used a combination of two MCT inhibitors:  $200 \mu\text{M}$  4-CIN, a competitive MCT2  
469 inhibitor ( $\text{IC}_{50}$   $24 \mu\text{M}$  in *Xenopus* oocytes, Broer et al., 1999), and  $1 \mu\text{M}$  AR-C155858,  
470 a non-competitive MCT1/2 inhibitor that diffuses into cells and binds to the  
471 intracellular domain of the MCTs ( $K_i$   $2\text{-}10 \text{ nM}$  in rat erythrocytes and *Xenopus*  
472 oocytes, Ovens et al., 2010). This combination of MCT inhibitors was found to be

473 effective at blocking transmission supported by lactate in the absence of glucose  
474 (Figure 7). Even in the presence of a high concentration of lactate (10 mM) the MCT  
475 inhibitors reduced the EPSC amplitude to  $0.95 \pm 0.51$  nA (n=3) by 30 min, compared  
476 to an EPSC amplitude of  $7.35 \pm 1.27$  nA (n=4) in 10 mM lactate alone.

477 In initial experiments, we found that application of MCT inhibitors for 30 mins in the  
478 presence of 10 mM glucose did not significantly increase the EPSC depression  
479 during HFS or reduce the fast component of EPSC recovery (data not shown).

480 While 10 mM is a standard glucose concentration used for *in vitro* brain slice  
481 electrophysiology, a more realistic extracellular glucose concentration in the brain is  
482 in the range of 1-2 mM, while lactate levels are around 2-5 mM (Zilberter et al.,  
483 2010). We therefore investigated energy substrate use by the presynaptic terminal at  
484 more physiological concentrations by examining whether 1 mM glucose or 1 mM  
485 lactate could maintain presynaptic function and tested the extent to which lactate  
486 shuttled from glial cells contributed to presynaptic energy supply at physiological  
487 glucose concentrations.

488 After 30 minutes of perfusion with aCSF containing 1 mM glucose the EPSC  
489 depression during HFS ( $59.5 \pm 3.0$  %, n=10) was not significantly different to that  
490 with 10 mM glucose ( $50.9 \pm 3.0$  %, n=4, two-way RM-ANOVA, between group  
491  $p=0.007$ , Dunnett's post hoc,  $p=0.35$ ; power=53 %, Figure 8A,B,F). In the absence of  
492 glucose, 1 mM lactate can maintain synaptic function, with depression of  $64.8 \pm 7.9$   
493 % during HFS (n=4); this was not significantly different to that seen in the presence  
494 of 1 mM glucose (Dunnett's post hoc  $p=0.71$ ; power=9 %, Figure 8A,B,F). The next  
495 question was to determine if the presynaptic terminal was using glucose directly or  
496 relying on the lactate shuttle. Perfusion of the MCT inhibitors in the presence of 1  
497 mM glucose depressed EPSCs during HFS by  $75.3 \pm 3.5$  % (n=6), which was

498 significantly greater than the depression seen with 1 mM glucose alone ( $59.5 \pm 3.0$   
499 %,  $n=10$ , Dunnett's post hoc,  $p=0.017$ ; power=93 %, Figure 8C,D,F). This suggests  
500 that the presynaptic terminal is using glucose and that additional lactate (presumably  
501 from glial cells) is important for maintaining normal transmission.

502 The recovery of the EPSC amplitude following HFS was not found to be significantly  
503 different between the 1 mM glucose, 1 mM lactate or 1 mM glucose plus MCT  
504 inhibitor groups (two-way RM-ANOVA, between groups  $p=0.21$ , interaction  $p=0.36$ ;  
505 Figure 8E). In all conditions the EPSC amplitude fully recovered within 20 s after the  
506 end of HFS (1 mM glucose  $94.3 \pm 6.0$  % of first EPSC, t-test,  $p=0.37$ ; 1 mM lactate  
507  $97.2 \pm 13.1$  % of first EPSC, t-test,  $p=0.85$ ; 1 mM glucose plus MCT inhibitors  $94.2 \pm$   
508  $7.3$  % of first EPSC, t-test,  $p=0.46$ ). In all conditions the recovery was best fit by a  
509 double exponential (1 mM glucose  $\tau_{fast}$   $310 \pm 47$  ms, 31 %,  $\tau_{slow}$   $5.8 \pm 10.6$ ; 1 mM  
510 lactate  $\tau_{fast}$   $277 \pm 31$  ms, 32 %,  $\tau_{slow}$   $5.9 \pm 0.3$  s; 1 mM glucose with the MCT  
511 inhibitors in the presence of 1 mM glucose  $\tau_{fast}$   $193 \pm 62$  ms, 23 %,  $\tau_{slow}$   $5.5 \pm 0.6$  s).

512 Recovery curves are generally fit to the mean EPSC amplitudes due to the large  
513 degree of variability in individual experiments. However, this generalisation masks  
514 elements of the physiological response, so for the mean recovery curves shown in  
515 Figure 8E, we have re-plotted each individual recovery curve for each experiment in  
516 Figures 9A-D. In the 1 mM glucose the recovery curves were best fit by a double  
517 exponential in 8 out of 10 cases (Figure 9A, with 9B showing the fast component up  
518 to 2.5 s), in two cases (indicated by black squares) only a single slow component  
519 was observed. Similarly, in 1 mM glucose with the MCT inhibitors the best fit was a  
520 double exponential in 5 out of 6 experiments (Figure 9C); again the one cell which  
521 could not be fit by a double exponential is shown with black squares. In the 1 mM

522 lactate experiment, all four cases could be fit to a double exponential (Figure 9D).  
523 We show this data to justify exclusion of those small number of cases where the  
524 recovery curve is not fit by a double exponential, which then allows analysis of the  
525 fast and slow components of recovery. Analysing only the double exponential  
526 recovery curves, the percentage of fast recovery was significantly reduced in the  
527 presence of the MCT inhibitors ( $25.3 \pm 3.3 \%$ ,  $n=5$ ) compared to 1 mM glucose ( $50.0$   
528  $\pm 5.5 \%$ ,  $n=8$ , one-way ANOVA  $p= 0.02$ , Dunnett's post hoc  $p=0.01$ ; Figure 9E),  
529 consistent with a presynaptic contribution by metabolism of lactate under low  
530 glucose conditions. There was no significant difference in the percentage of fast  
531 recovery between 1 mM lactate ( $33.8 \pm 8.4 \%$ ,  $n=4$ ) compared to 1 mM glucose  
532 (Dunnett's post hoc  $p=0.14$ ; Figure 9E). The value of the fast time constant was the  
533 same across all experimental conditions (1 mM glucose  $440 \pm 163$  ms, 1 mM  
534 glucose plus MCT inhibitors  $167 \pm 43$  ms, 1 mM lactate  $342 \pm 127$  ms, one-way  
535 ANOVA  $p=0.42$ ; Figure 9F). Similarly, the slow time constant was unchanged across  
536 all conditions (1 mM glucose  $7.4 \pm 1.6$  s, 1 mM glucose plus MCT inhibitors  $4.5 \pm 2.0$   
537 s, 1 mM lactate  $7.3 \pm 1.9$  s, one-way ANOVA  $p=0.48$ ; Figure 9G). We conclude that  
538 the underlying recycling processes were unchanged across these conditions, and  
539 that loss of lactate as a presynaptic substrate (by blocking uptake) reduced ATP  
540 availability and that this was reflected in a reduced fast activity-dependent recovery.  
541 Under low ATP conditions the Thr172 residue of AMP kinase is phosphorylated, so  
542 phospho-Thr172-AMPK is used as an indicator of metabolic stress (Hardie et al.,  
543 2012). We tested for evidence of metabolic stress using western blotting from slices  
544 that had been used for electrophysiology. In slices treated with 1 mM glucose (for 40  
545 min) there was increased AMPK Thr172 phosphorylation compared to slices treated

546 with 10 mM glucose (Figure 8G) and the addition of the MCT inhibitors in the  
547 presence of 1 mM glucose did not further increase AMPK phosphorylation.

548 To determine whether the lactate supporting presynaptic function was generated  
549 from glucose or the result of glycogen breakdown within glial cells, we applied the  
550 glycogenolysis inhibitor, 1,4-dideoxy-1,4-imino-d-arabinitol (DAB, 500  $\mu$ M), in the  
551 presence of 1 mM glucose. We found no effect of DAB on the magnitude of EPSC  
552 depression during HFS ( $43.5 \pm 5.3$  %,  $n=4$ ) when compared to glucose alone ( $49.3 \pm$   
553  $3.3$  %  $n=4$ ; two-way RM-ANOVA, between groups  $p=0.38$ , interaction  $p=0.88$ ,  
554 power=15 %, Figure 10A,B,D). Furthermore, there was no significant effect on the  
555 EPSC amplitude during the recovery period (two-way RM-ANOVA, between groups  
556  $p=0.86$ , interaction  $p=0.20$ ), and the recovery curve in the presence of 1 mM glucose  
557 plus DAB was fit by a double exponential ( $\tau_{fast}$   $157 \pm 25$  ms, 59 %,  $\tau_{slow}$   $7.8 \pm 2.6$  s,  
558 Figure 10C). We conclude that there is no detectable contribution from  
559 glycogenolysis when glucose is available in the aCSF.

560 *Lactate produced from glycogenolysis in glial cells helps support presynaptic*  
561 *function in extreme glucose deprivation.*

562 Lactate contributes to maintaining synaptic transmission in low glucose, but what  
563 happens during more severe energy deprivation, such as when glucose was being  
564 completely depleted? Synaptic transmission was maintained for 15 min during  
565 perfusion of an aCSF containing zero glucose and zero lactate. The EPSC  
566 depression was  $45.2 \pm 4.6$  % during HFS ( $n=6$ ; Figure 11A,B), but the addition of  
567 MCT inhibitors (in the same zero glucose/lactate aCSF) significantly increased the  
568 magnitude of the EPSC depression to  $65.4 \pm 4.0$  % ( $n=6$ , two-way RM-ANOVA,  
569 between groups  $p=0.01$ , Bonferroni post hoc,  $p=0.01$ ). Perfusion of the

570 glycogenolysis inhibitor (500  $\mu$ M DAB, in zero glucose/lactate aCSF) increased the  
571 magnitude of EPSC depression to  $62.3 \pm 4.1$  % (n=7, Bonferroni post hoc, p=0.03;  
572 power=79 %, Figure 11A,B,D). There was no significant difference in the EPSC  
573 depression between the MCT inhibitor and DAB groups (Bonferroni post hoc,  
574 p>0.99). The EPSC recovery phase in zero glucose/lactate aCSF maintained both  
575 fast  $142 \pm 34$  ms (30 %) and slow  $2.7 \pm 0.3$  s components; and was not significantly  
576 different on addition of MCT inhibitors ( $\tau_{fast}$   $201 \pm 88$  ms, 15 %;  $\tau_{slow}$   $9.4 \pm 1.1$  s;  
577 Figure 11C) or DAB ( $\tau_{fast}$   $351 \pm 85$  ms, 31 %;  $\tau_{slow}$   $7.4 \pm 0.8$  s; two-way RM-ANOVA,  
578 between group p=0.084, interaction p=0.64). The HFS epochs were continued every  
579 5 mins (beyond this 15 mins time point) until EPSC failures started to occur. In the  
580 DAB condition, but not with the MCT inhibitors, the first EPSC failure occurred earlier  
581 than with zero glucose alone (one-way ANOVA, p= 0.033; Bonferroni post hocs,  
582 DAB p=0.03, MCT inhibitors p=0.50; Figure 11E). We conclude that during glucose  
583 deprivation lactate can help to maintain presynaptic function in the short-term, with  
584 the lactate being generated by the breakdown of stored glycogen.

## 585 **Discussion**

586 We have employed the calyx of Held/MNTB synapse to investigate how energy  
587 substrate availability and presynaptic ATP influence synaptic transmission. Synaptic  
588 transmission declines and eventually fails following glucose depletion. Dialysis of the  
589 presynaptic terminal with low ATP confirmed that the impaired transmission following  
590 glucose removal is caused by presynaptic ATP depletion. Model-based analysis of  
591 synaptic transmission indicated that glucose depletion slowed activity-dependent  
592 vesicle replenishment and reduced the number of functional release sites, resulting  
593 in a smaller resting RRVP size. When extracellular glucose is within the physiological

594 range (1 mM) the presynaptic terminal uses glucose and lactate. Glycogenolysis also  
595 contributes to the maintenance of synaptic transmission during glucose deprivation  
596 (Figure 12).

597 *Presynaptic ATP depletion impairs presynaptic function*

598 At the calyx of Held/MNTB synapse HFS generates a well characterised short-term  
599 synaptic depression, which is one way of reducing metabolic cost during prolonged  
600 transmission (Billups et al., 2005; von Gersdorff and Borst, 2002). Sustained HFS in  
601 the presence of 10 mM glucose caused an initial rapid depression in the EPSC  
602 amplitude followed by a period of relatively stable low amplitude EPSC transmission,  
603 which subsequently recovered to the initial EPSC amplitude. Twenty minutes after  
604 the removal of glucose, EPSC depression increased towards the end of the HFS  
605 train and recovery was impaired. Energy deprivation would eventually influence the  
606 postsynaptic resting membrane potential and conductance (Akasu et al., 1996;  
607 Calabresi et al., 1997), but in our experiments ATP was provided in the postsynaptic  
608 patch pipette, thereby eliminating postsynaptic effects while permitting depletion of  
609 the presynaptic terminal. Repeating HFS epochs over a period of 25 min without  
610 glucose caused a progressive decline in EPSC amplitude and failure of transmission.  
611 Dialysis of ATP $\gamma$ S into the presynaptic terminal rapidly blocked all ATP usage. A  
612 more subtle control of presynaptic ATP was achieved by dialysis of the terminal with  
613 low ATP, this condition increased EPSC depression during HFS and impaired the  
614 subsequent recovery, similar to glucose deprivation. These results confirm that the  
615 effects of glucose deprivation were caused by presynaptic energy depletion and  
616 reduced glutamate release. This is consistent with glucose deprivation in other brain

617 regions where transmission is impaired by a reduction in transmitter release (Akasu  
618 et al., 1996; Calabresi et al., 1997; Izumi et al., 1997).

619

620 *Energy deprivation reduces the number of functional release sites and rate of vesicle*  
621 *replenishment.*

622 Analysis of the data and fit to the computational model suggests the reduction in  
623 synaptic transmission with ATP depletion is due to slowed activity-dependent  
624 replenishment of the RRVP during HFS and a decreased number of functional  
625 release sites, resulting in a reduced resting RRVP size following recovery (Figure 9).  
626 Reductions in vesicle release probability cannot account for EPSC amplitude  
627 changes since there was no change in the variance/mean ratio of EPSC amplitudes  
628 during the HFS. The initial release probability ( $P_o$ ) early in the HFS was unchanged  
629 in the absence of glucose, consistent with there being sufficient time (4 minutes) and  
630 ATP availability to recover the release probability between HFS epochs. This  
631 contrasts with a previous study where glucose deprivation decreased the release  
632 probability in corticostriatal synapses (Calabresi et al., 1997).

633 The increased activity-dependent RRVP replenishment time constant,  $\tau_r$ , is the major  
634 factor contributing to the increased EPSC depression during HFS in zero glucose.  
635 This is consistent with the loss of the fast activity-dependent component from the  
636 EPSC recovery curve after 20 min of zero glucose (Figure 2D), which corresponds  
637 with the slow release pool previously observed at the calyx and blocked by ATP $\gamma$ S  
638 (Neher, 2017; Sakaba and Neher, 2003). Furthermore, when the presynaptic  
639 terminal was dialysed with low ATP the first change was a slowing of recovery  
640 (Figure 6H), and block of presynaptic lactate uptake by MCT inhibitors reduced the

641 contribution by the fast recovery phase (Figure 8E, Figure 9), suggesting that  
642 activity-dependent vesicle replenishment is particularly sensitive to reduced  
643 presynaptic ATP.

644 The model identified a reduced size of the maximal RRVP as underlying the failure  
645 of the EPSC to fully recover between HFS trains with glucose deprivation. This is  
646 interpreted as an increase in the number of release sites lacking primed vesicles,  
647 which could arise by the slowing of multiple ATP-dependent processes, including  
648 vesicle priming and recycling. When glucose was removed, the imaging results  
649 suggest that endocytosis is particularly susceptible to energy depletion, while  
650 exocytosis is less so; this fits with previous findings that endocytosis is a particularly  
651 energy demanding process (Rangaraju et al., 2014; Pathak et al., 2015).

652

653

654 *The action potential waveform is also capable of influencing transmitter release.*

655 The relationship between presynaptic action potential waveform, calcium influx and  
656 transmitter release at the calyx of Held is well characterized and detailed (Borst &  
657 Sakmann, 1998; Kochubey et al., 2009; Yang & Wang, 2006; for reviews see von  
658 Gersdorff & Borst 2002; Schneggenburger & Forsythe, 2006). Changes in  
659 presynaptic AP waveform have been observed following blockade of potassium  
660 currents (Wang & Kaczmarek, 1998) in studies of activity-dependent vesicle  
661 recycling, and with activity-dependent modulation of presynaptic potassium currents  
662 at mossy fibres (Geiger & Jonas, 2000). Recent observations during resting  
663 conditions and low frequency stimulation (Lujan et al., 2016) support the idea that

664 pharmacological block of glycolysis affects transmitter release by depolarization  
665 (implying rundown of ionic gradients) and slowing of the presynaptic AP waveform.  
666 In the research reported in this paper, we have explored synaptic transmission under  
667 quasi-physiological conditions (*in vitro*) and induced a metabolic stress by  
668 exchanging extracellular metabolic substrates and induction of high frequency  
669 stimulation (with 3000 action potentials). Additionally, for the presynaptic recordings  
670 reported here, the 'action potential' was a voltage-clamp command and intracellular  
671 ionic concentrations were maintained by dialysis of the terminal from the patch  
672 pipette, so the changes in transmitter release observed with reduced ATP  
673 concentrations were not due to changes in AP waveform. This shows that  
674 mechanisms other than changes in AP waveform must also contribute, and we  
675 demonstrated that changes in neurotransmitter release parameters are observed on  
676 ATP depletion during high frequency stimulation.

677

678 *Presynaptic terminals can utilise both glucose and lactate.*

679 The ANLS hypothesis has stimulated considerable debate (Dienel, 2012; Pellerin  
680 and Magistretti, 2012). It postulates that during neuronal activity, when energy  
681 demand is high, glucose is preferentially metabolised by glial cells to lactate and this  
682 lactate is shuttled to neurons to meet neuronal metabolic demands (Pellerin and  
683 Magistretti, 1994). Many ANLS studies have been conducted in tissue culture, but  
684 the MNTB brain slice preparation has the advantage of maintaining association  
685 between the presynaptic calyx, its target neuron and glial cell (Uwechue et al., 2012).  
686 Izumi *et al.* (1997) found that lactate can fully support synaptic transmission, while  
687 others found 20 mM lactate could only partially substitute for glucose (Nagase et al.,

688 2014). We found that 1 mM lactate, which is within physiological ranges (Zilberter et  
689 al., 2010) can be metabolised by the terminal to sustain presynaptic function.  
690 Oxidative phosphorylation is the major energy source in the brain (Hall et al., 2012;  
691 Harris et al., 2012) with glucose metabolism rising with brain activity to drive local  
692 ATP synthesis (Rangaraju et al., 2014). Recent studies have suggested that  
693 glycolysis is very significant in nerve terminal metabolism (Ashrafi & Ryan, 2017;  
694 Lujan et al., 2016) and that neuronal activity increases Glut4 glucose transporters in  
695 presynaptic membranes (Ashrafi et al., 2017) via AMPK signalling, thereby raising  
696 intracellular pyruvate as a substrate for Krebs cycle.

697

698 The results demonstrate that when glucose is around physiological levels (1 mM)  
699 presynaptic terminals can utilise both glucose and lactate and that metabolic  
700 compromise during neuronal activity can limit the efficacy of synaptic transmission.  
701 Phosphorylation of AMPK-Thr172 did not increase when lactate uptake was blocked,  
702 suggesting that there was no further metabolic stress in the absence of lactate, but  
703 any further change may have been occluded through AMPK activation on reducing  
704 glucose from 10 to 1 mM. The ability to use both glucose and shuttled lactate will  
705 confer a physiological advantage where metabolic demands are high. In  
706 hippocampal slices the ANLS did contribute to maintaining synaptic transmission in  
707 slices exposed to low (2 mM), but not higher glucose concentrations (Izumi et al.,  
708 1997). Another study suggested that the ANLS is required for fully functional  
709 synaptic transmission (Nagase et al., 2014), however, 1 mM of the MCT inhibitor 4-  
710 CIN used in that study would be sufficient to also disrupt mitochondrial pyruvate  
711 uptake (McKenna et al., 2001) compromising Krebs cycle ATP production.

712

713 Glycogen is implicated as an energy source under physiological conditions (Suzuki  
714 et al., 2011; Brown et al., 2003). We found no evidence for glycogenolysis when  
715 neurons were supplied with 1 mM glucose, but during severe glucose deprivation  
716 MCT inhibitors and glycogenolysis inhibitors independently reduced synaptic  
717 transmission to a similar extent. In the brain, glycogen and glycogen phosphorylase  
718 (the enzyme required for glycogenolysis) are only found in glial cells (Cataldo and  
719 Broadwell, 1986; Pfeiffer et al., 1992). Our result under extreme glucose deprivation  
720 is consistent with lactate being produced by glial cells from the hydrolysis of  
721 glycogen stores to maintain synaptic transmission. Increases in the AMP:ATP ratio  
722 activate glycogen phosphorylase (Obel et al., 2012), consistent with glycogen acting  
723 as a short-term energy reserve to maintain neuronal transmission during glucose  
724 deprivation (Brown et al., 2003; Shetty et al., 2012). Alternatively, glial generation of  
725 lactate from glycogen could preserve extracellular glucose for neurons rather than  
726 generate lactate for neuronal use (DiNuzzo et al., 2010).

727 We demonstrate that excitatory synaptic terminals use glucose and lactate  
728 generated during glucose deprivation, consistent with lactate shuttling under  
729 conditions of metabolic stress. The experimental paradigms developed here to  
730 investigate presynaptic metabolic substrates in a physiological system show clear  
731 changes in synaptic transmission when energy supply is compromised or while  
732 sustaining high transmission rates. When energy resources become scarce  
733 modulation of presynaptic function may reduce metabolic demand, but will also  
734 compromise information transmission; the interplay between these signalling and  
735 metabolic pathways will provide insights to improve cognition following brain injury,  
736 for example in stroke, hypoglycaemia and ageing.

737

738 **References**

- 739 Akasu T, Tsurusaki M & Shoji S (1996). Depletion of glucose causes presynaptic  
740 inhibition of neuronal transmission in the rat dorsolateral septal nucleus. *Synapse* **24**,  
741 125-134.
- 742 Ashrafi G, Wu Z, Farrell RJ & Ryan TA (2017). GLUT4 mobilization supports  
743 energetic demands of active synapses. *Neuron* **93**, 1-10.
- 744 Ashrafi G & Ryan TA (2017). Glucose metabolism in nerve terminals. *Cur Opin*  
745 *Neurobiol* **45**, 156–161.
- 746 Attwell D & Laughlin SB (2001). An energy budget for signaling in the grey matter of  
747 the brain. *J Cereb Blood Flow Metab* **21**, 1133-1145.
- 748 Billups B, Graham BP, Wong AY & Forsythe ID (2005). Unmasking group III  
749 metabotropic glutamate autoreceptor function at excitatory synapses in the rat CNS.  
750 *J Physiol* **565**, 885-896.
- 751 Borst JG & Sakmann B (1998). Calcium current during a single action potential in a  
752 large presynaptic terminal of the rat brainstem. *J Physiol* **506**, 143–157.
- 753 Bröer S, Bröer A, Schneider HP, Stegen C, Halestrap AP & Deitmer JW (1999)  
754 Characterization of the high-affinity monocarboxylate transporter MCT2 in *Xenopus*  
755 *laevis* oocytes. *Biochemical Journal* **341**, 529-35.
- 756 Brown AM, Tekkok SB, & Ransom BR (2003). Glycogen regulation and functional  
757 role in mouse white matter. *J Physiol* **549**, 501-512.

758 Calabresi P, Centonze D, Pisani A & Bernardi G (1997). Endogenous adenosine  
759 mediates the presynaptic inhibition induced by aglycemia at corticostriatal synapses.  
760 *J Neurosci* **17**, 4509-4516.

761 Cataldo AM & Broadwell RD (1986). Cytochemical identification of cerebral glycogen  
762 and glucose-6-phosphatase activity under normal and experimental conditions: I.  
763 Neurons and glia. *J Electron Microscopy Tech* **3**, 413-437.

764 Dienel GA (2012). Brain lactate metabolism: the discoveries and the controversies. *J*  
765 *Cereb Blood Flow Metab* **32**, 1107-1138.

766 DiNuzzo M, Mangia S, Maraviglia B & Giove F (2010). Glycogenolysis in astrocytes  
767 supports blood-borne glucose channeling not glycogen-derived lactate shuttling to  
768 neurons: evidence from mathematical modeling. *J Cereb Blood Flow Metab* **30**,  
769 1895-1904.

770 Duarte JM (2015). Metabolic Alterations Associated to Brain Dysfunction in Diabetes.  
771 *Aging Dis* **6**, 304-321.

772 Edelstein AD, Tsuchida MA, Amodaj N, Pinkard H, Vale RD, & Stuurman N (2014).  
773 Advanced methods of microscope control using µManager software. *J Biol Meth* **1**,  
774 1-10.

775 Feinkohl I, Aung PP, Keller M, Robertson CM, Morling JR, McLachlan S, Deary IJ,  
776 Frier BM, Strachan MW & Price JF (2014). Severe hypoglycemia and cognitive  
777 decline in older people with type 2 diabetes: the Edinburgh type 2 diabetes study.  
778 *Diabetes Care* **37**, 507-515.

779 Geiger JR & Jonas P (2000). Dynamic control of presynaptic Ca<sup>2+</sup> inflow by fast-  
780 inactivating K<sup>+</sup> channels in hippocampal mossy fiber boutons. *Neuron* **28**, 927–939.

781 Harata NC, Choi S, Pyle JL, Aravanis AM & Tsien RW (2006) Frequency-dependent  
782 kinetics and prevalence of kiss-and-run and reuse at Hippocampal synapses studied  
783 with novel quenching methods. *Neuron* **49**, 243-256.

784 Hardie DG, Ross FA & Hawley SA (2012). AMPK: a nutrient and energy sensor that  
785 maintains energy homeostasis. *Nat Rev Mol Cell Biol* **13**, 251-262.

786 Hall CN, Klein-Flügge MC, Howarth C & Attwell D (2012). Oxidative phosphorylation,  
787 not glycolysis, powers presynaptic and postsynaptic mechanisms underlying brain  
788 information processing. *J Neurosci* **32**, 8940–8951.

789 Harris JJ, Jolivet R & Attwell D (2012). Synaptic energy use and supply. *Neuron* **75**,  
790 762-777.

791 Hennig MH, Postlethwaite M, Forsythe ID & Graham BP (2008). Interactions  
792 between multiple sources of short-term plasticity during evoked and spontaneous  
793 activity at the rat calyx of Held. *J Physiol* **586**, 3129-3146.

794 Izumi Y, Benz AM, Katsuki H & Zorumski CF (1997). Endogenous monocarboxylates  
795 sustain hippocampal synaptic function and morphological integrity during energy  
796 deprivation. *J Neurosci* **17**, 9448-9457.

797 Jolivet R, Coggan JS, Allaman I & Magistretti PJ (2015). Multi-timescale modeling of  
798 activity-dependent metabolic coupling in the neuron-glia-vasculature ensemble.  
799 *PLoS Comp Biol* **11**, e1004036.

800 Kochubey O, Han Y & Schneggenburger R (2009). Developmental regulation of the  
801 intracellular Ca<sup>2+</sup> sensitivity of vesicle fusion and Ca<sup>2+</sup>-secretion coupling at the rat  
802 calyx of Held. *J Physiol* **587**, 3009–3023.

803 Kopp-Scheinflug C, Steinert JR & Forsythe ID (2011). Modulation and control of  
804 synaptic transmission across the MNTB. *Hearing Res* **279**, 22-31.

805 Lujan B, Kushmerick C, Banerjee TD, Dagda RK & Renden R (2016). Glycolysis  
806 selectively shapes the presynaptic action potential waveform. *J Neurophysiol* **116**,  
807 2523-2540.

808 McKenna MC, Hopkins IB & Carey A (2001). Alpha-cyano-4-hydroxycinnamate  
809 decreases both glucose and lactate metabolism in neurons and astrocytes:  
810 implications for lactate as an energy substrate for neurons. *J Neurosci Res* **66**, 747-  
811 754.

812 Meyer AC, Neher E & Schneggenburger R (2001). Estimation of quantal size and  
813 number of functional active zones at the calyx of Held synapse by nonstationary  
814 EPSC variance analysis. *J Neurosci* **21**, 7889-7900.

815 Nagase M, Takahashi Y, Watabe AM, Kubo Y & Kato F (2014). On-site energy  
816 supply at synapses through monocarboxylate transporters maintains excitatory  
817 synaptic transmission. *J Neurosci* **34**, 2605-2617.

818 Neher E. (2017). Some subtle lessons from the calyx of Held synapse. *Biophys J*  
819 **112**, 215-223.

820 Obel LF, Muller MS, Walls AB, Sickmann HM, Bak LK, Waagepetersen HS &  
821 Schousboe A (2012). Brain glycogen-new perspectives on its metabolic function and  
822 regulation at the subcellular level. *Front Neuroenergetics* **4**, 3.

823 Ovens MJ, Davies AJ, Wilson MC, Murray CM & Halestrap AP (2010). AR-  
824 C155858 is a potent inhibitor of monocarboxylate transporters MCT1 and MCT2 that

825 binds to an intracellular site involving transmembrane helices 7-10. *Biochemical*  
826 *Journal* **15**, 523-30.

827 Pathak D, Shields LY, Mendelsohn BA, Haddad D, Lin W, Gerencser AA, Kim  
828 H, Brand MD, Edwards RH & Nakamura K (2015). The role of mitochondrially  
829 derived ATP in synaptic vesicle recycling. *JBC* **290**, 22325-36.

830 Pellerin L & Magistretti PJ (1994). Glutamate uptake into astrocytes stimulates  
831 aerobic glycolysis: a mechanism coupling neuronal activity to glucose utilization.  
832 *PNAS, USA* **91**, 10625-10629.

833 Pellerin L & Magistretti PJ (2012). Sweet sixteen for ANLS. *J Cereb Blood Flow*  
834 *Metab* **32**, 1152-1166.

835 Perkins GA, Tjong J, Brown JM, Poquiz PH, Scott RT, Kolson DR, Ellisman MH &  
836 Spirou GA (2010). The micro-architecture of mitochondria at active zones: electron  
837 tomography reveals novel anchoring scaffolds and cristae structured for high-rate  
838 metabolism. *J Neurosci* **30**, 1015-1026.

839 Pfeiffer B, Meyermann R & Hamprecht B (1992). Immunohistochemical co-  
840 localization of glycogen phosphorylase with the astroglial markers glial fibrillary  
841 acidic protein and S-100 protein in rat brain sections. *Histochemistry* **97**, 405-412.

842 Rangaraju V, Calloway N & Ryan TA (2014). Activity-driven local ATP synthesis is  
843 required for synaptic function. *Cell* **156**, 825-835.

844 Sakaba T & Neher E (2003). Involvement of actin polymerization in vesicle  
845 recruitment at the calyx of Held synapse. *J Neurosci* **23**, 837-846.

846 Satzler K, Sohl LF, Bollmann JH, Borst JG, Frotscher M, Sakmann B & Lubke JH  
847 (2002). Three-dimensional reconstruction of a calyx of Held and its postsynaptic

848 principal neuron in the medial nucleus of the trapezoid body. *J Neurosci* **22**, 10567-  
849 10579.

850 Schneggenburger R & Forsythe ID (2006). The calyx of Held. *Cell Tissue Res* **326**,  
851 311–337.

852 Schindelin J, Arganda-Carreras I, Frise E, Kaynig V, Longair M, Pietzsch  
853 T, Preibisch S, Rueden C, Saalfeld S, Schmid B, Tinevez J.Y. White, DJ, Hartenstein  
854 V., Eliceiri K, Tomancak P & Cardona A (2012) Fiji: an open-source platform for  
855 biological-image analysis. *Nature Methods* **9**, 676-682.

856 Shetty PK, Sadgrove MP, Galeffi F & Turner DA (2012). Pyruvate incubation  
857 enhances glycogen stores and sustains neuronal function during subsequent  
858 glucose deprivation. *Neurobiol Dis* **45**, 177-187.

859 Simpson IA, Carruthers A & Vannucci SJ (2007). Supply and demand in cerebral  
860 energy metabolism: the role of nutrient transporters. *J Cereb Blood Flow Metab* **27**,  
861 1766-1791.

862 Sokoloff L, Reivich M, Kennedy C, Des Rosiers MH, Patlak CS, Pettigrew, KD,  
863 Sakurada, O & Shinohara M (1977). The [<sup>14</sup>C]deoxyglucose method for the  
864 measurement of local cerebral glucose utilization: theory, procedure, and normal  
865 values in the conscious and anesthetized albino rat. *J Neurochem* **28**, 897-916.

866 Steinert JR, Postlethwaite M, Jordan MD, Chernova T, Robinson SW & Forsythe ID  
867 (2010). NMDAR-mediated EPSCs are maintained and accelerate in time course  
868 during maturation of mouse and rat auditory brainstem in vitro. *J Physiol* **588**, 447–  
869 463.

870 Suzuki A, Stern SA, Bozdagi O, Huntley GW, Walker RH, Magistretti PJ & Alberini  
871 CM (2011). Astrocyte-neuron lactate transport is required for long-term memory  
872 formation. *Cell* **144**, 810-823.

873 Uwechue NM, Marx MC, Chevy Q & Billups B (2012). Activation of glutamate  
874 transport evokes rapid glutamine release from perisynaptic astrocytes. *J Physiol* **590**,  
875 2317-2331.

876 von Gersdorff H & Borst JG (2002). Short-term plasticity at the calyx of Held. *Nat*  
877 *Rev Neurosci* **3**, 53-64.

878 Wang LY & Kaczmarek LK (1998). High-frequency firing helps replenish the readily  
879 releasable pool of synaptic vesicles. *Nature* **394**, 384–388.

880 Wong AY, Graham BP, Billups B & Forsythe ID (2003). Distinguishing between  
881 presynaptic and postsynaptic mechanisms of short-term depression during action  
882 potential trains. *J Neurosci* **23**, 4868-4877.

883 Yang Y-M & Wang L-Y (2006). Amplitude and kinetics of action potential-evoked  
884 Ca<sup>2+</sup> current and its efficacy in triggering transmitter release at the developing calyx  
885 of Held synapse. *J Neurosci* **26**, 5698–5708.

886 Zilberter Y, Zilberter T & Bregestovski P (2010). Neuronal activity in vitro and the *in*  
887 *vivo* reality: the role of energy homeostasis. *TiPS* **31**, 394-401.

888

889

890

891

892 **Figure/Table legends**

893

894 **Figure 1. The paradigm to investigate presynaptic metabolic influence on**  
895 **transmission at the calyx of Held synapse, *in vitro*.**

896 (A) The recording configuration showing bipolar stimulation of the presynaptic axon  
897 and patch recording of EPSCs from the postsynaptic MNTB neuron under whole-cell  
898 voltage clamp. Metabolism in the postsynaptic MNTB neuron is maintained by ATP  
899 through dialysis from the patch pipette.

900 (B) One epoch of high frequency stimulation (HFS, 50 s duration) consisted of a 30 s  
901 100 Hz train, and a 20 s recovery phase of 6 stimuli (lower trace), the 3000 EPSCs  
902 from this train are plotted (middle trace) and single EPSC traces for the first and last  
903 EPSCs of the HFS train are plotted (top). The 6 Recovery EPSCs are plotted  
904 superimposed (with latencies after the HFS indicated in seconds) illustrating the  
905 recovery period.

906 (C) The percent EPSC amplitude is plotted normalised to the first EPSC, for one 30 s  
907 HFS (in standard recording conditions, 10 mM glucose). The initial rapid depression  
908 of EPSC amplitude over the first 0.1 s is shown in the inset; and EPSC amplitude is  
909 maintained at around 40% of the initial amplitude for the remainder of the HFS.

910 (D) The recovery of EPSC amplitude over 20 s following the end of HFS (in standard  
911 recording conditions, 10 mM glucose) shows full recovery within 20 s.

912 (E & F) HFS epochs were repeated at 5 minute intervals while recording over a  
913 period of 25 minutes. The mean EPSC amplitude (nA, not normalised) is plotted for  
914 the first and last EPSC of each HFS (filled circles) and for each of the recovery  
915 EPSCs (open circles) for control conditions with 10 mM extracellular glucose (E,  
916 n=4) and for zero extracellular glucose (F, n=5, except at 10 min where n=4). (E) For

917 the 10 mM glucose condition, EPSC amplitude recovers after each HFS and  
918 continues to do for each subsequent HFS epochs. (F) In zero glucose good recovery  
919 is observed after the first HFS epoch, but is increasingly compromised and  
920 incomplete during subsequent epochs, giving a progressive reduction in EPSC over  
921 time; so that there is little recovery from the third HFS epoch by 25 min (far right,  
922 black arrows) in the absence of glucose. Pooled data, mean  $\pm$  SEM.

923

924 **Figure 2. Removal of glucose increases EPSC depression during HFS and**  
925 **impairs subsequent EPSC recovery.**

926 (A) Raw EPSC amplitudes during a HFS epoch after 20 minutes in either 10 mM  
927 glucose (grey, n=4) or zero glucose (black, n=6). Left inset shows EPSC amplitudes  
928 for the first 0.1 s of the HFS. Right inset shows the potential sources of presynaptic  
929 metabolic substrate.

930 (B) The same data as A, under both conditions normalised to the amplitude of the  
931 first EPSC and pooled (mean  $\pm$  SEM). Left inset shows mean normalised EPSC  
932 amplitude for the first 0.1 s of the HFS. Right inset shows example traces of the first  
933 5 EPSCs.

934 (C) Mean % normalised EPSC recovery curve at 20 minutes for 10 mM glucose and  
935 the impaired recovery after 20 min of zero glucose.

936 (D) Traces from one example after 20 min of zero glucose (top trace) showing 50 s  
937 HFS epoch and recovery. Single EPSC traces for the first and last EPSCs in the  
938 same HFS train are shown with 6 superimposed EPSCs (at the indicated latencies  
939 after the HFS) illustrating the recovery period.

940 (E) After 20 min of perfusion with either 10 mM glucose or zero glucose the  
941 coefficient of variation of the EPSCs was not different early in the HFS (3-4 s), but

942 was increased at the end of HFS (29-30 s) in the zero glucose condition (left panel).  
943 No change was seen in variance/mean between the two conditions at either time  
944 point (right panel).

945 (F) After 25 min of zero glucose EPSC failures were observed in three out of the 4  
946 synaptic pairs studied; while no failures were observed in 10 mM glucose. In zero  
947 glucose the raw EPSC amplitude was further reduced and the magnitude of  
948 depression increased during HFS. The first failure for each recording is indicated by  
949 the black triangle. Left inset shows EPSC amplitudes for the first 0.1 s of the HFS.  
950 Right inset shows example traces of the first 5 EPSCs in each HFS train.

951

952 **Figure 3. Model data fits well to experimental recordings.**

953 The fit of the model (10 mM glucose in blue; zero glucose in red) to transmission in  
954 the two experimental conditions is overlaid with the mean experimental data (zero  
955 glucose in black, n=5 (25 min n=3); 10 mM glucose in grey, n=4) for four HFS  
956 epochs recorded at (A) 10 min, (B) 15 min, (C) 20 min and (D) 25 min. The model  
957 was fit to the 30 s HFS and the 20 s recovery period. Insets show the model fit and  
958 mean experimental data over the first 0.5 s of the experimental recordings. With  
959 increasing time, the zero glucose condition showed increased depression during the  
960 HFS (0-30 s) and slowed recovery in amplitude during the recovery phase (30-50 s).

961

962 **Figure 4. The model parameters during glucose washout are consistent with a**  
963 **reduced number of functional release sites.**

964 Plots of n (number of functional release sites) and p (release probability) model  
965 parameters for control 10 mM glucose (A & C) and zero glucose conditions (B & D)  
966 over the 10-25 mins of HFS epochs (10 – black, 15 - grey, 20 - blue, 25 - red).

967 (A) Decrease in the number of functional release sites ( $n$ ) during HFS in aCSF  
968 containing 10 mM glucose. The relative change in the model parameter  $n$  (Initially  
969  $n=1$ ) from the beginning of each HFS epoch against time (s) is shown. The value of  $n$   
970 is unchanged across all epochs. (B) Relative change in  $n$  during washout of glucose  
971 (zero glucose aCSF). In zero glucose,  $n$  decreases further and recovers more slowly  
972 during subsequent HFS trains (15, 20 and 25 min).  
973 (C) Although variable between epochs, no consistent change in release probability  
974 ( $p$ ) was observed during each sequential HFS epoch (10, 15, 20, 25 min) in 10 mM  
975 glucose or (D) zero glucose.

976

977 **Figure 5. Suppressed uptake of FM1-43 fluorescence following HFS during**  
978 **washout of glucose.**

979 (A) Representative images of calyx of Held synapses labelled with FM1-43FX;  
980 labelling of vesicles in the presynaptic calyx is shown in green surrounding a central  
981 unstained (black) MNTB neuron. Left column shows 10 mM glucose the right column  
982 shows zero glucose before HFS (top), after HFS (middle) and after 2 min application  
983 of  $\alpha$ -Latrotoxin (bottom). Scale bar 10  $\mu$ m.

984 (B) Summary graph of FM1-43FX fluorescence intensity plotted over time during the  
985 25 min HFS (black bar) for calyces from slices perfused with 10 mM glucose (grey,  
986  $n= 14$ ) and zero glucose (black,  $n= 12$ ). Inset: ratios of fluorescence intensity after  
987 Lat application over initial FM-dye fluorescence for calyces perfused in 10 mM  
988 glucose (grey,  $n= 14$ ) and zero glucose (black,  $n= 12$ ) show reduced vesicle  
989 recycling in the zero glucose condition.

990

991

992 **Figure 6. Presynaptic dialysis with ATP $\gamma$ S or low ATP enhances synaptic**  
993 **depression during HFS and impairs the subsequent EPSC recovery.**

994 (A) Schematic of paired presynaptic and postsynaptic recording configuration (upper  
995 left) with the three ATP conditions for the presynaptic dialysis. ATP was always  
996 present in postsynaptic recordings. A voltage ramp (upper right) was applied to the  
997 presynaptic terminal to mimic an action potential and trigger transmitter release; the  
998 voltage ramp was applied to generate the HFS EPSC trains (100Hz, 2 sec) and the  
999 pulses to follow recovery (lower panel).

1000 (B) Example EPSC traces recorded after 6-7 min presynaptic dialysis with high (2.2  
1001 mM) ATP (grey) or low (0.1 mM) ATP (red); the upper traces show full stimulation  
1002 and recovery sweeps and the lower traces show the first and last EPSCs in the train  
1003 (before recovery).

1004 Data are presented to aid comparison as mean  $\pm$  SEM in a 3x3 matrix of plots. The  
1005 columns: (C,F,I) Left - shows the mean raw EPSC amplitudes during the train;  
1006 (D,G,J) Middle – shows the same data normalised to the amplitude of the first EPSC  
1007 (100%); (E,H,K) Right – Normalised EPSC as % recovery curves.

1008 The rows show the three experimental conditions:

1009 (C,D,E) Top - ATP $\gamma$ S (blue) versus ATP (grey) within 2 minutes of going 'whole-  
1010 terminal'. This shows that dialysis with either ATP $\gamma$ S or ATP for 1-2 minutes gave  
1011 similar EPSC depression during the HFS, but the EPSC never recovered in the  
1012 presence of ATP $\gamma$ S.

1013 (F,G,H) Middle – Low ATP (red) vs high ATP (grey) at 1-2 minutes of going 'whole-  
1014 terminal'. Both ATP conditions gave a similar EPSC depression during the HFS; but  
1015 recovery was slowed in the low ATP condition.

1016 (I,J,K) Bottom – Low ATP vs high ATP after 6-7 minutes of dialysis. Longer dialysis  
1017 with low ATP showed significant enhanced EPSC depression during the HFS and  
1018 incomplete recovery afterwards.

1019

1020 **Figure 7. Combined application of two MCT inhibitors generated an effective**  
1021 **block of lactate uptake into the presynaptic terminal.**

1022 Slices were perfused with 10 mM lactate in the absence of glucose, with (grey) and  
1023 without (blue) the monocarboxylate transporter (MCT) inhibitors 4-CIN (200  $\mu$ M) and  
1024 AR-C155858 (1  $\mu$ M). The ability to sustain HFS EPSC trains was assessed at 10  
1025 and 30 minutes.

1026 (A) 10 min: the raw EPSC amplitude during HFS was not significantly different  
1027 following perfusion with lactate alone or lactate plus MCT inhibitors. Insets show  
1028 EPSC amplitude for the first 0.1 s of HFS and example traces show the first 5  
1029 EPSCs of the HFS.

1030 (B) 30 min: the raw EPSC amplitude during HFS was maintained with 10 mM lactate  
1031 alone, but greatly reduced by addition of the MCT inhibitors with EPSC failures  
1032 during the HFS in 1 of the 3 recordings.

1033

1034 **Figure 8. Presynaptic terminals can utilise glucose or lactate to maintain**  
1035 **synaptic transmission.**

1036 (A) Raw EPSC amplitudes and (B) mean normalised EPSC amplitudes plotted  
1037 during HFS show that the magnitude of EPSC depression was similar after 30 min  
1038 perfusion with either 1 mM glucose (grey) or 1 mM lactate (blue) alone. (A inset) Left  
1039 plot shows the first 0.1 s of HFS. Right inset shows the experimental conditions. (B  
1040 inset) Left plot shows the normalised EPSC amplitudes for the first 0.1 s of HFS.

1041 Right plot shows example traces of the first 5 EPSCs of HFS using glucose or lactate  
1042 as the sole presynaptic metabolic substrate.

1043 (C) Raw EPSC amplitudes and (D) mean normalised EPSC amplitudes during HFS  
1044 after 30 min of perfusion with 1 mM glucose alone (grey) and 1 mM glucose plus the  
1045 monocarboxylate transporter (MCT) inhibitors (red; 4-CIN, 200  $\mu$ M + AR-C155858, 1  
1046  $\mu$ M). The MCT inhibitors significantly enhanced EPSC depression. (C inset) the left  
1047 plot shows EPSC amplitudes for the first 0.1 s of HFS. The right inset shows the  
1048 experimental conditions. (D inset) Left plot shows is the EPSC amplitudes for the first  
1049 0.1 s of HFS. Right plot shows example traces of the first 5 EPSC of HFS.

1050 (E) EPSC amplitude fully recovers following HFS in the presence of 1 mM glucose,  
1051 1 mM lactate or 1 mM glucose plus MCT inhibitors, however see figure 9.

1052 (F) Summary of the average EPSC amplitude during HFS. For each individual  
1053 recording every 100<sup>th</sup> EPSC of HFS (i.e. 30 EPSCs in total) was averaged, these are  
1054 the EPSCs used for statistical analysis (RM-ANOVA).

1055 (G) Western blots show increased AMP kinase and phosphorylated AMP kinase  
1056 (Thr172), in slices perfused with 1 mM glucose compared to 10 mM glucose. 1 mM  
1057 glucose plus MCT inhibitors gave no further increase in AMPK or Thr172 pAMPK.

1058

1059 **Figure 9. Analysis of individual recovery curves reveals that MCT inhibitors**  
1060 **reduce the contribution of fast EPSC recovery in 1 mM glucose.**

1061 Individual recovery curves from single calyx of Held synapses (indicated by the  
1062 different colours) from the 30 min HFS epoch while being perfused with one of three  
1063 different substrate conditions.

1064 (A & B) 1 mM glucose, (C) 1 mM glucose plus MCT inhibitors and (D) 1 mM lactate.

1065 Data in black squares/lines in A-C show curves that could not be fit by a double  
1066 exponential and have been excluded from subsequent analysis.

1067 (E) Plot of percentage amplitude contribution by the fast recovery time constant; this  
1068 was significantly reduced by MCT inhibitors. There was no difference between the 1  
1069 mM lactate and 1 mM glucose conditions.

1070 (F) The value of the fast time constant of recovery was not significantly different  
1071 between with the three conditions: 1 mM glucose, 1 mM glucose plus MCT inhibitors  
1072 or 1 mM lactate.

1073 (G) The value of the slow time constant of recovery was not significantly different  
1074 between with the three conditions: 1 mM glucose, 1 mM glucose plus MCT inhibitors  
1075 or 1 mM lactate.

1076

1077

1078 **Figure 10. Glycogenolysis makes no contribution to presynaptic metabolism in**  
1079 **the presence of 1 mM extracellular glucose.**

1080 (A) Raw EPSC amplitudes and (B) normalised mean EPSC amplitudes during HFS  
1081 show that after 30 min of perfusion with 1 mM glucose plus the glycogenolysis  
1082 inhibitor (black; DAB, 500  $\mu$ M) there was no difference in EPSC depression  
1083 compared to with 1 mM glucose alone (grey). Insets show the first 0.1 s of HFS and  
1084 example EPSC traces show the first 5 EPSCs of HFS.

1085 (C) The addition of DAB in the presence of 1 mM of glucose had no effect on the  
1086 EPSC recovery curve.

1087 (D) Summary showing the average EPSC amplitude during the 30 s of HFS was  
1088 similar in the presence or absence of DAB.

1089

1090 **Figure 11. Glycogenolysis can contribute to maintenance of synaptic**  
1091 **transmission during washout of glucose.**

1092 (A) Raw EPSC amplitudes and (B) normalised mean EPSC amplitudes during HFS ,  
1093 show that after 15 min of perfusion with 0 mM glucose plus MCT inhibitors (red; 200  
1094  $\mu$ M 4-CIN + 1  $\mu$ M AR-C155858) or 0 mM glucose plus the glycogenolysis inhibitor  
1095 (black; 500  $\mu$ M DAB) there was increased EPSC depression compared to with 0 mM  
1096 glucose alone (grey). Insets show the first 0.1 s of HFS and example EPSC traces  
1097 give the first 5 EPSCs of HFS.

1098 (C) The addition of the MCT inhibitors or DAB in the absence of glucose did not  
1099 change the recovery.

1100 (D) Summary of the average EPSC amplitude during the 30 s of HFS at 15 minutes  
1101 exposure show that both MCT inhibitors and DAB cause a significant reduction in  
1102 EPSC amplitude.

1103 (E) Delivery of HFS epochs was continued beyond 15 minutes and the number of  
1104 stimuli delivered (3000 per HFS train) before observation of the first transmission  
1105 failure is reduced in the presence of DAB.

1106

1107

1108

1109 **Figure 12. Summary diagram showing the route of metabolic substrate**  
1110 **utilisation by the presynaptic terminal and the effects of ATP depletion on**  
1111 **transmitter release.**

1112 Under physiological conditions the presynaptic terminal will use glucose directly, and  
1113 could also utilise local lactate made by glial cells. During glucose deprivation some  
1114 energy is supplied in the form of the lactate from glycogen breakdown in the glial

1115 cells. ATP depletion did not primarily effect vesicle release probability, but slowed  
 1116 vesicle replenishment and reduced the number of release sites possessing  
 1117 releasable vesicles, a reduction in endocytosis and vesicle recycling rates may also  
 1118 contribute to compromised transmission.

1119

1120 Table 1

	Control				Zero glucose			
	10 min	15 min	20 min	25 min	10 min	15 min	20 min	25 min
$\tau_{r0}$ (s)	0.042	0.039	0.044	0.042	0.045	0.040	0.051	0.063
$\tau_f$ (s)	0.010	0.021	0.010	0.010	0.010	0.035	0.056	0.019
$P_0$	0.163	0.178	0.128	0.131	0.133	0.192	0.176	0.199
$kf$ (fixed)	0.030	0.030	0.030	0.030	0.030	0.030	0.030	0.030
$An$	0.440	0.412	0.454	0.417	0.538	0.264	0.085	0.045
$\tau_n$ (s)	10.978	9.712	11.844	10.570	11.709	12.068	13.115	8.674
$kn$	6.318	7.014	5.428	6.187	2.699	8.500	3.890	2.571
$\tau_l$ (s)	2.089	2.546	2.906	2.318	3.342	0.813	12.175	3.696
$ki$	0.0023	0.0017	0.0015	0.0017	0.0018	0.0033	0.0026	0.0026
$\tau_{rR}$ (s)	2.907	2.821	2.755	1.952	6.674	1.499	2.187	3.608
$\tau_{rD}$ (s)	2.546	1.621	1.194	1.351	0.707	1.216	0.747	1.149
$nRec$	0.828	0.875	0.920	0.877	1.085	0.653	0.634	0.063

1121

1122

1123 **Table 1. Model parameter values.**

1124 Model parameter values obtained from fitting to the mean data in 10 mM glucose  
 1125 and zero glucose for each HFS epoch (as indicated at 10, 15, 20 and 25 min).

1126

1127

1128 **Additional Information**

1129

1130 The authors declare no competing interests.

1131 All authors have approved the final version of the MS and agree to be accountable  
1132 for the work. Only authors that qualify for authorship have been listed.

1133

1134 Funding is stated on Page 1

1135

1136 **Author Contributions:**

1137 SL: Expt design, electrophysiology and imaging acquisition and analysis, MS drafting  
1138 and revision.

1139 CBM: Modelling, analysis, MS drafting.

1140 VM: Expt design, analysis, MS drafting.

1141 JLS: Western blot acquisition and analysis, MS drafting.

1142 MHH: Expt and modelling design and interpretation, MS drafting and revision.

1143 BG: Expt and modelling design and interpretation, MS drafting and revision.

1144 IDF: Expt Design, interpretation, MS drafting and revision.

Figure 1

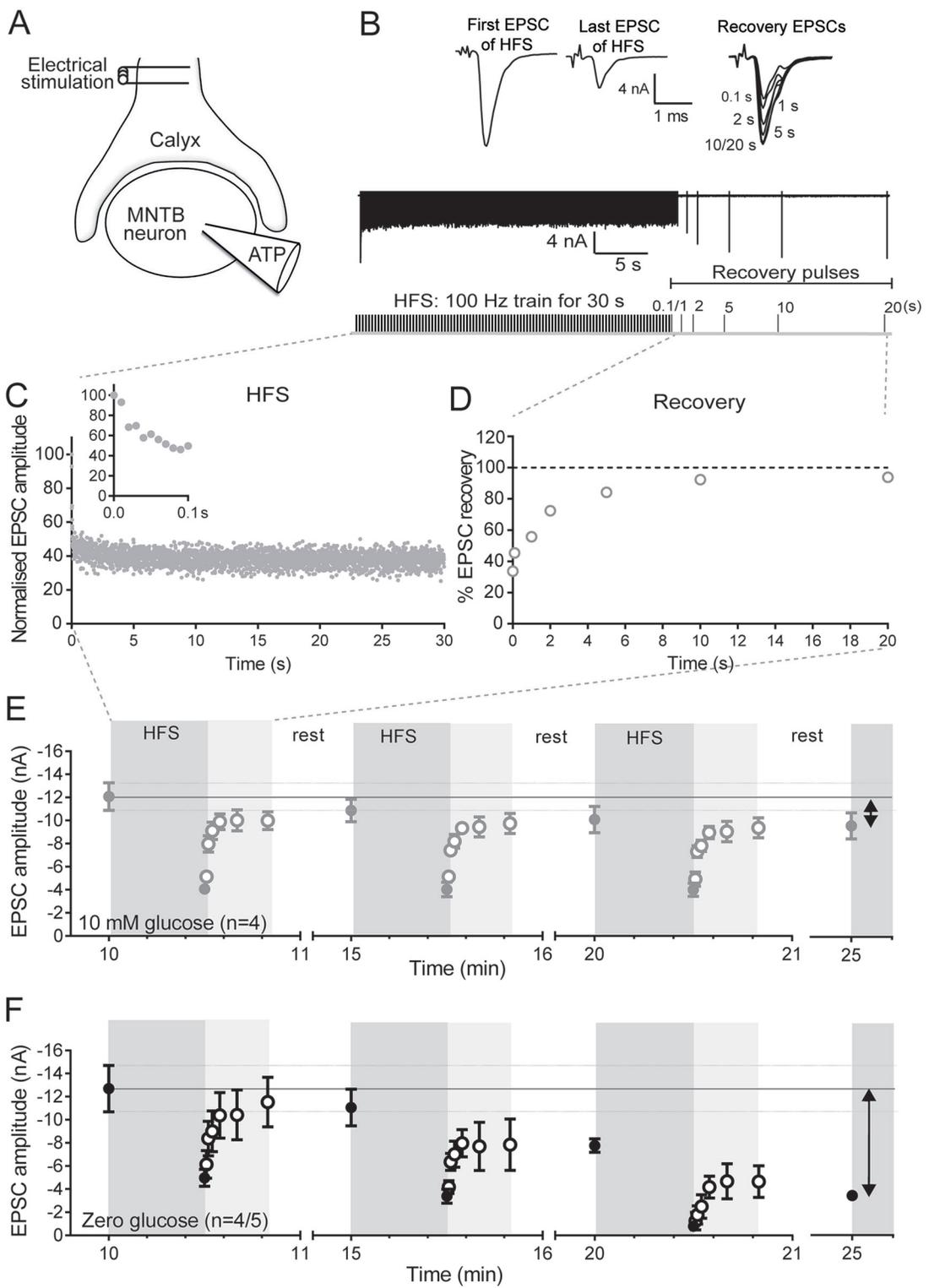


Figure 2

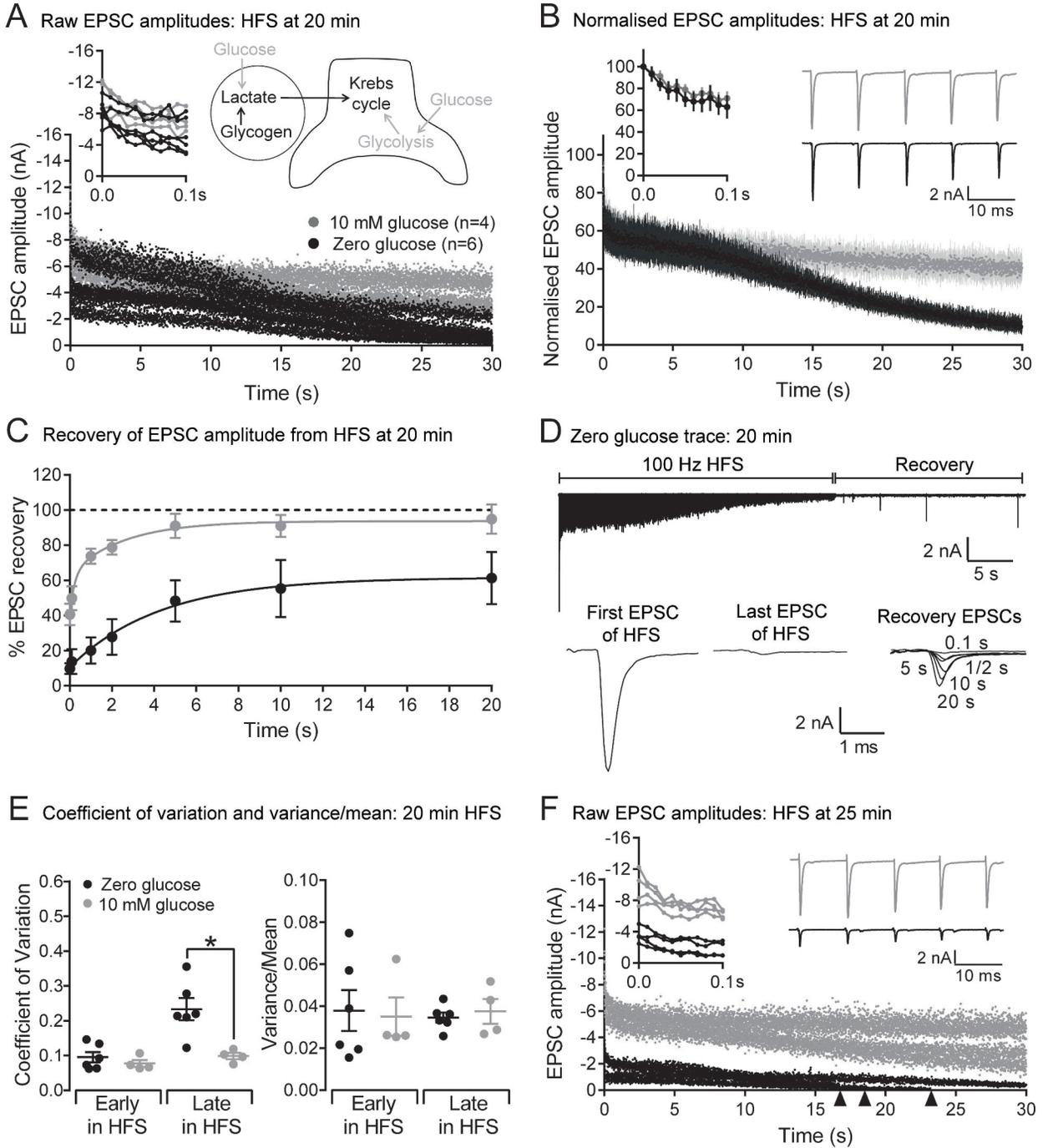
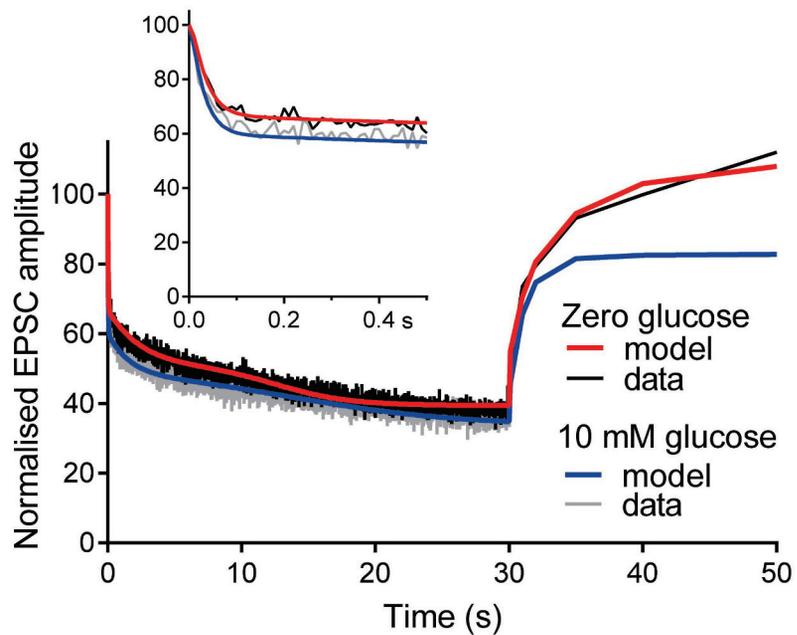
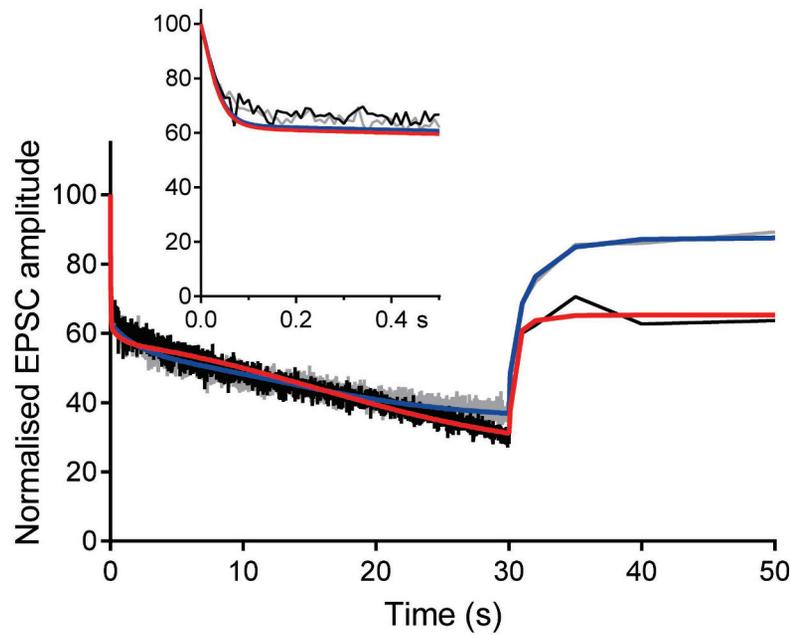


Figure 3

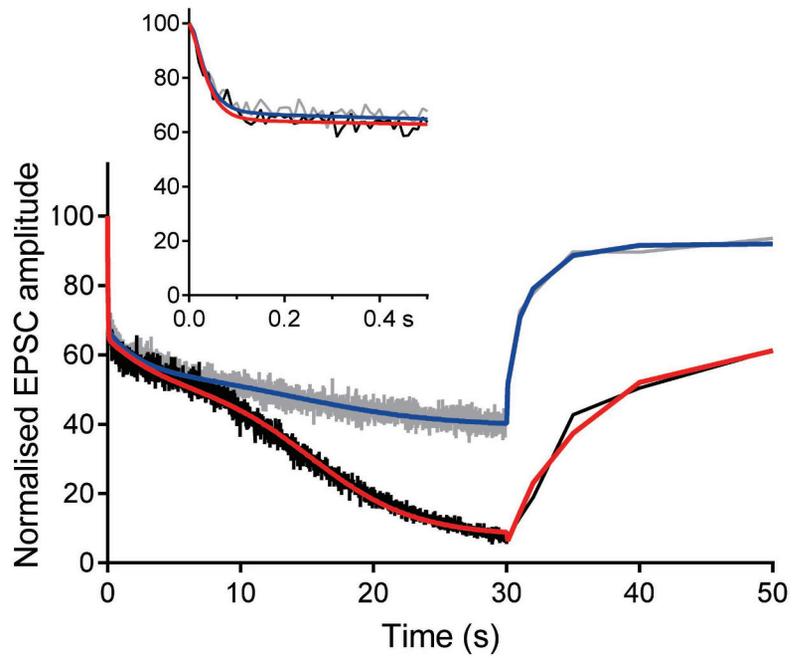
**A** 10 min



**B** 15 min



**C** 20 min



**D** 25 min

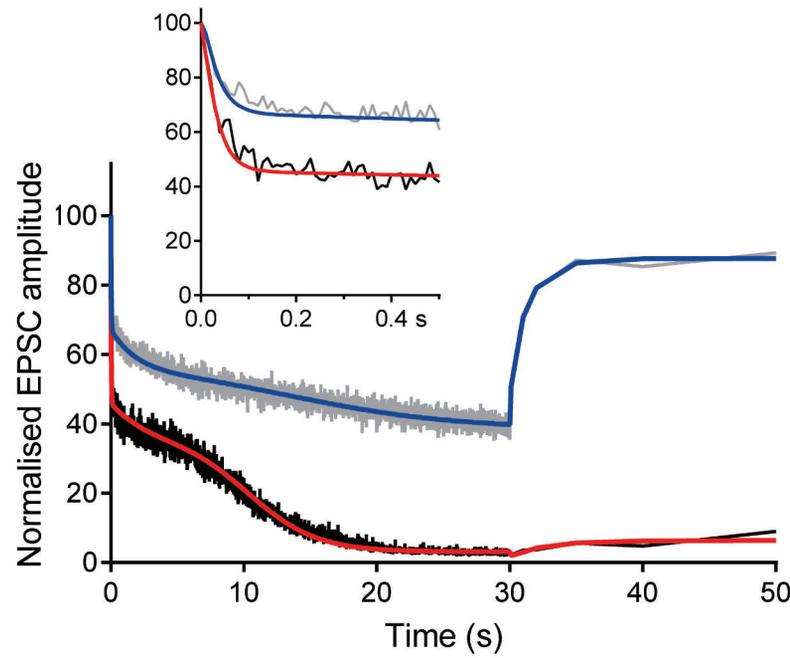
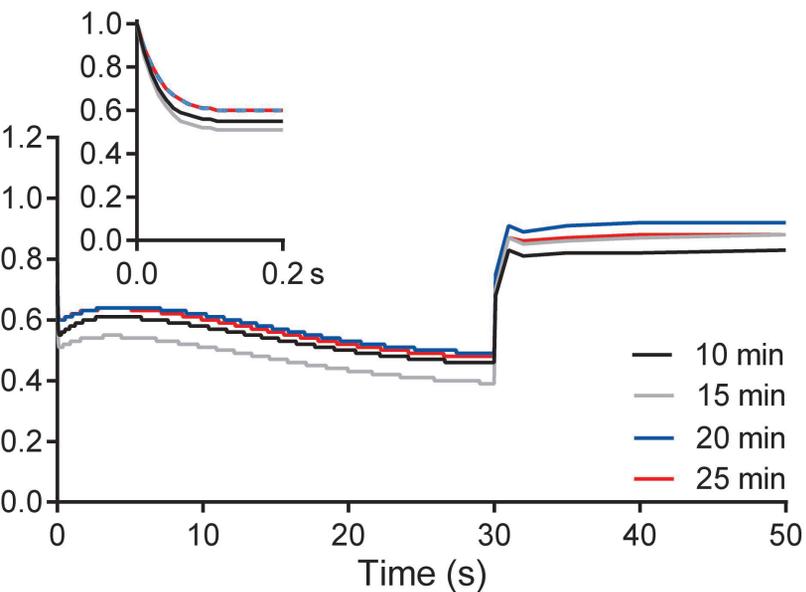
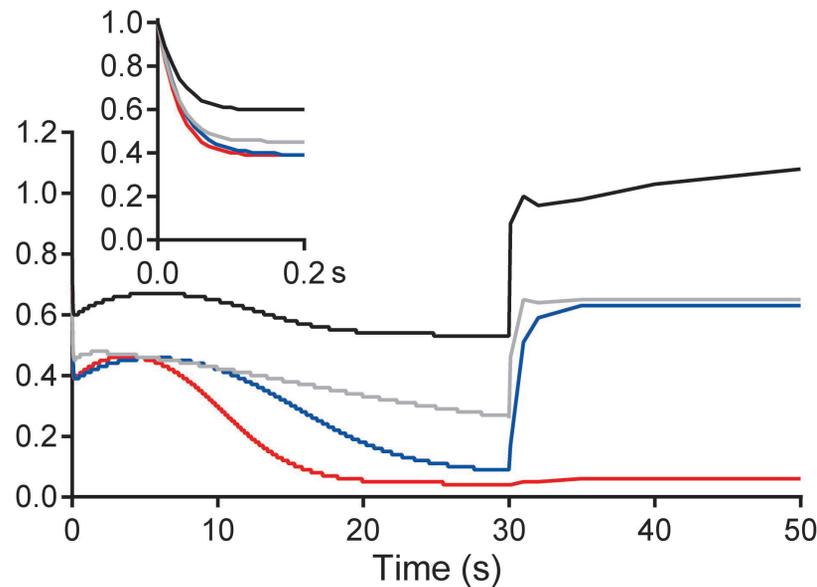


Figure 4

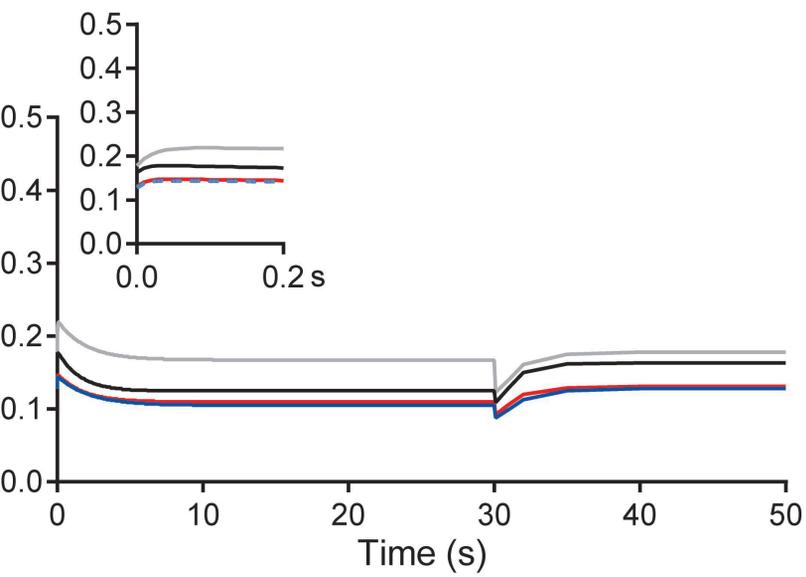
**A** n: 10 mM glucose



**B** n: zero glucose



**C** p: 10 mM glucose



**D** p: zero glucose

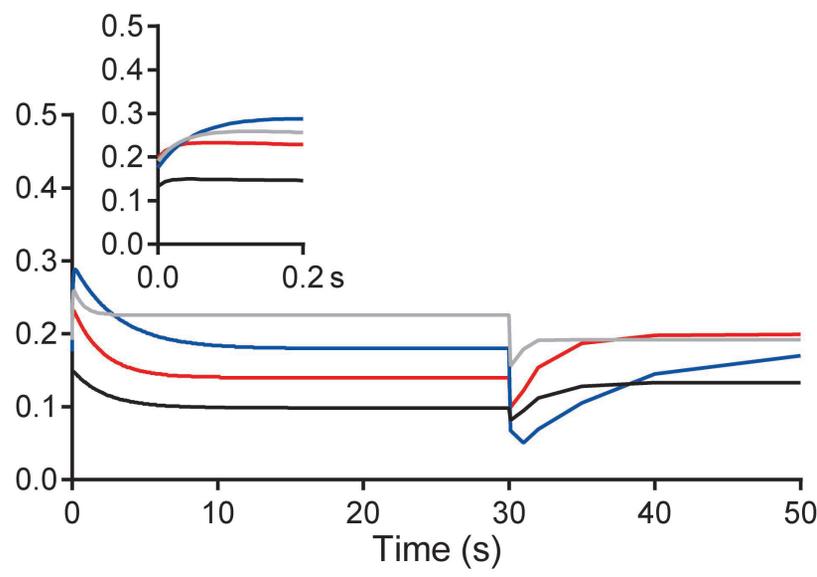


Figure 5

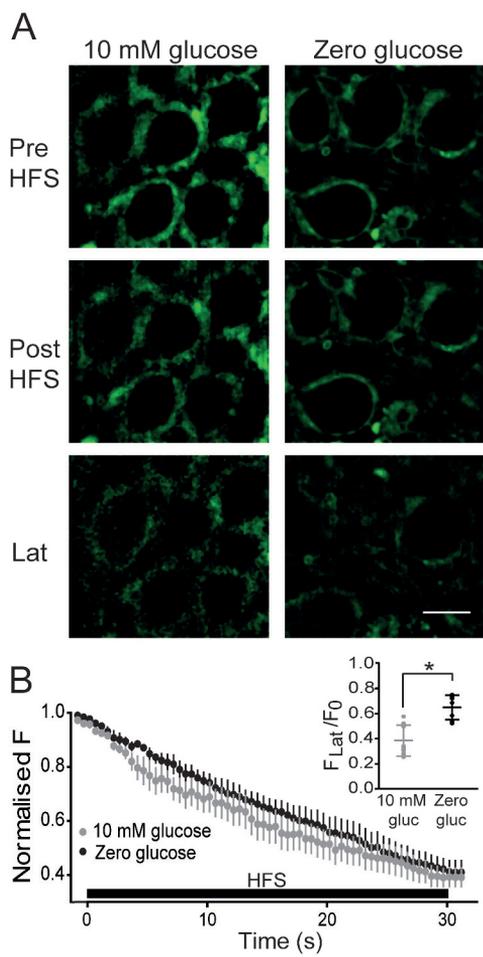


Figure 6

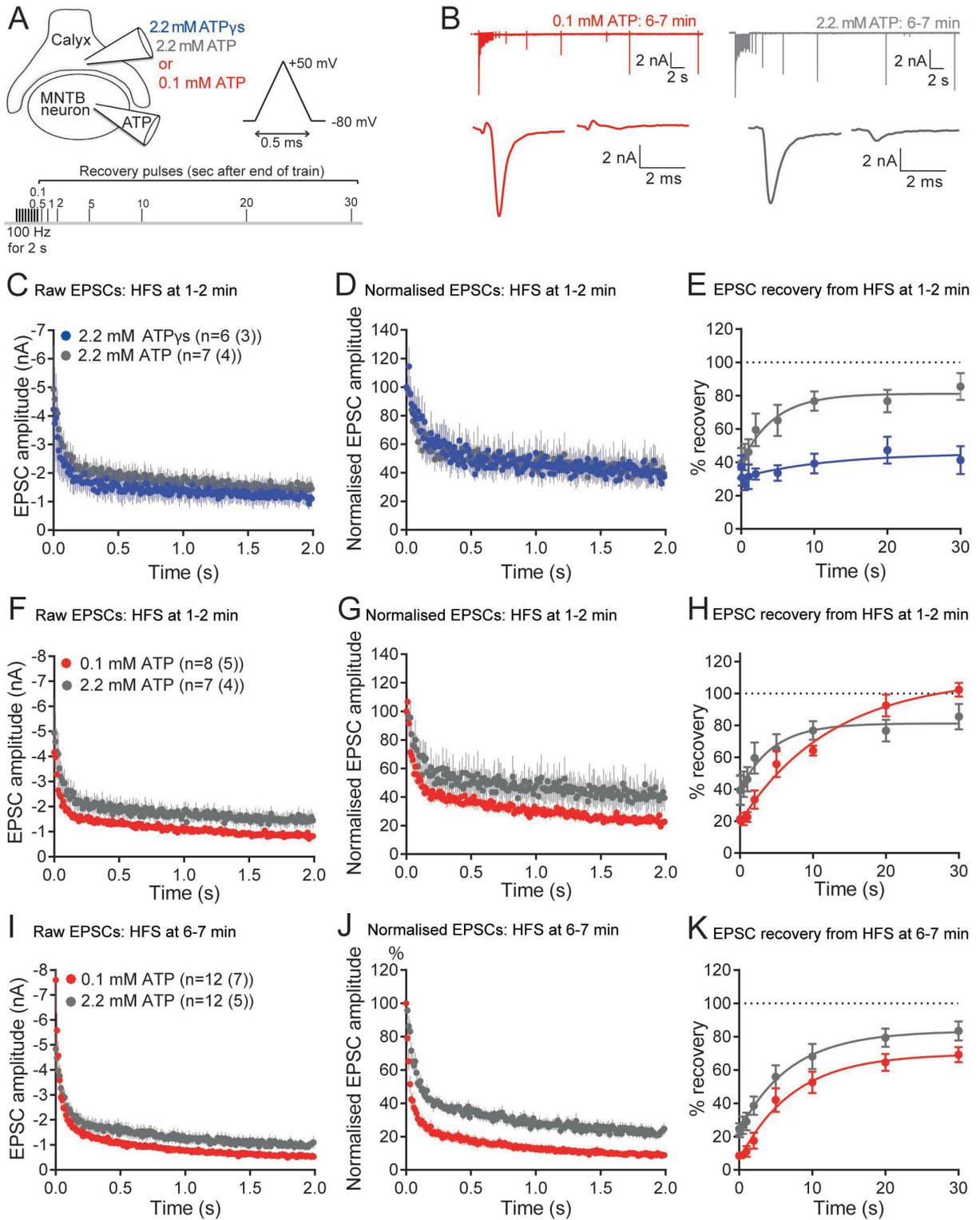


Figure 7

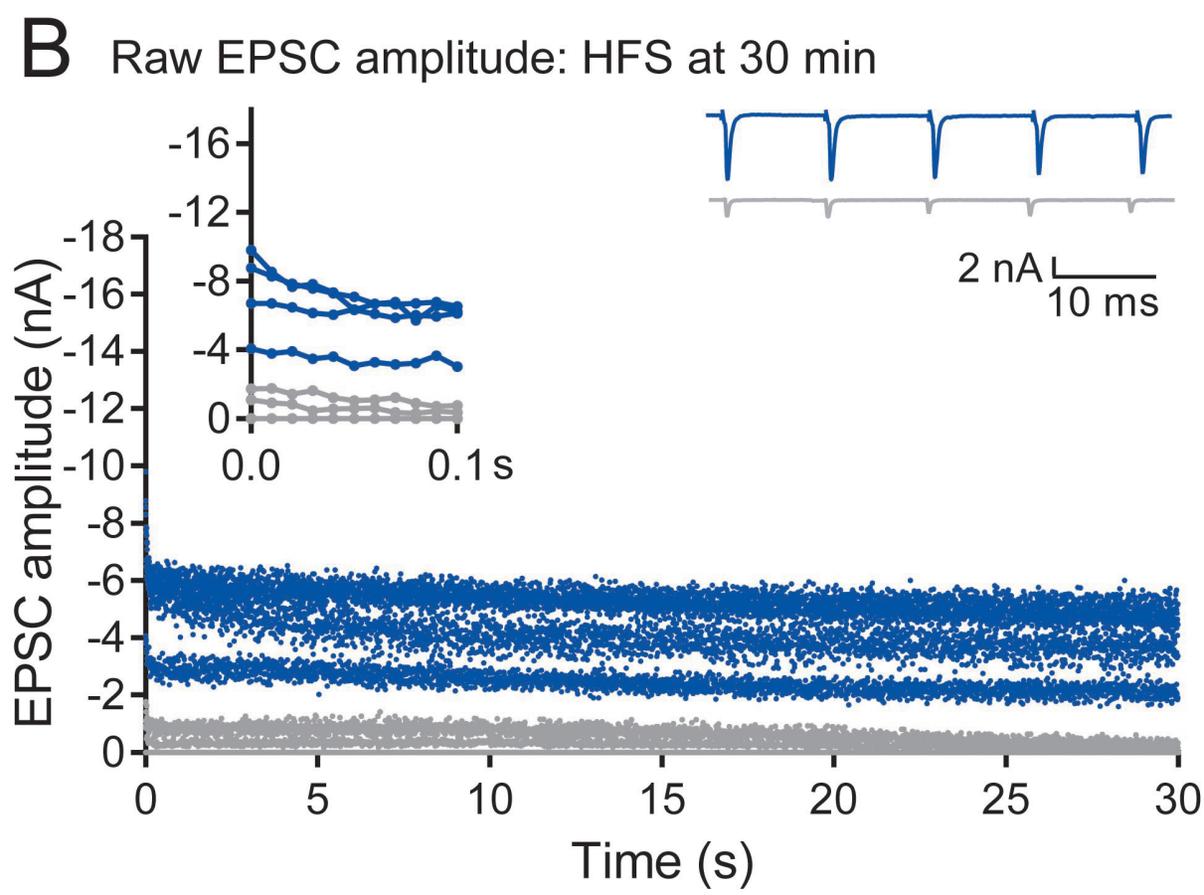
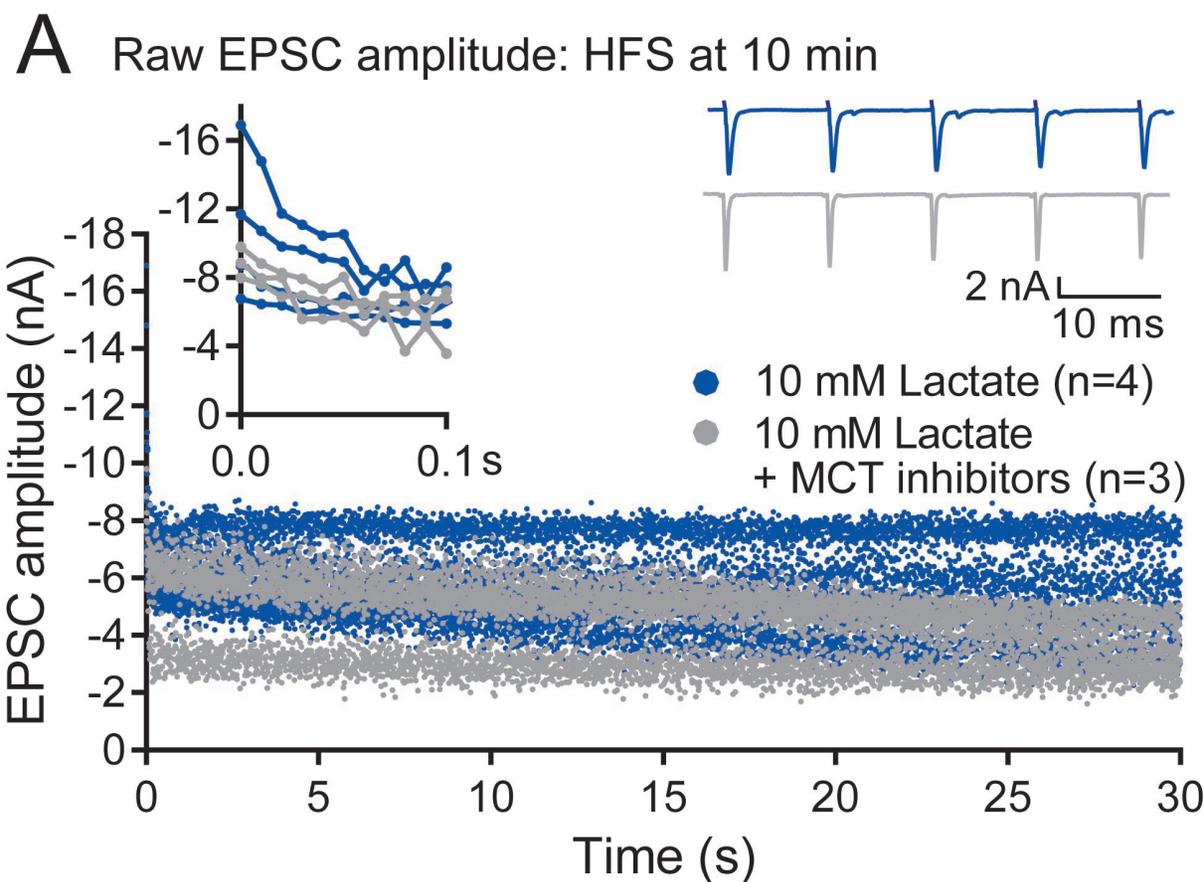


Figure 8

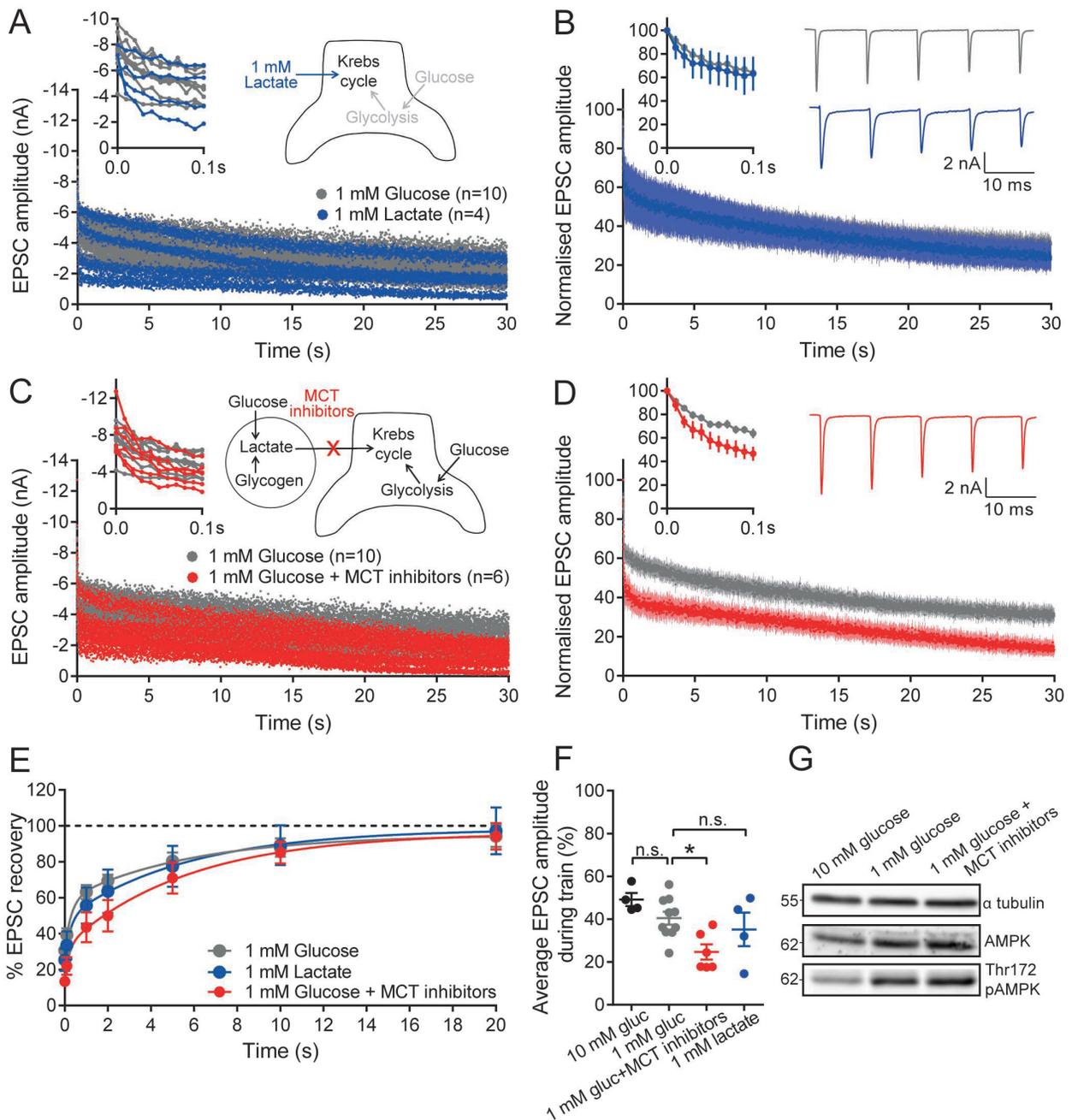


Figure 9

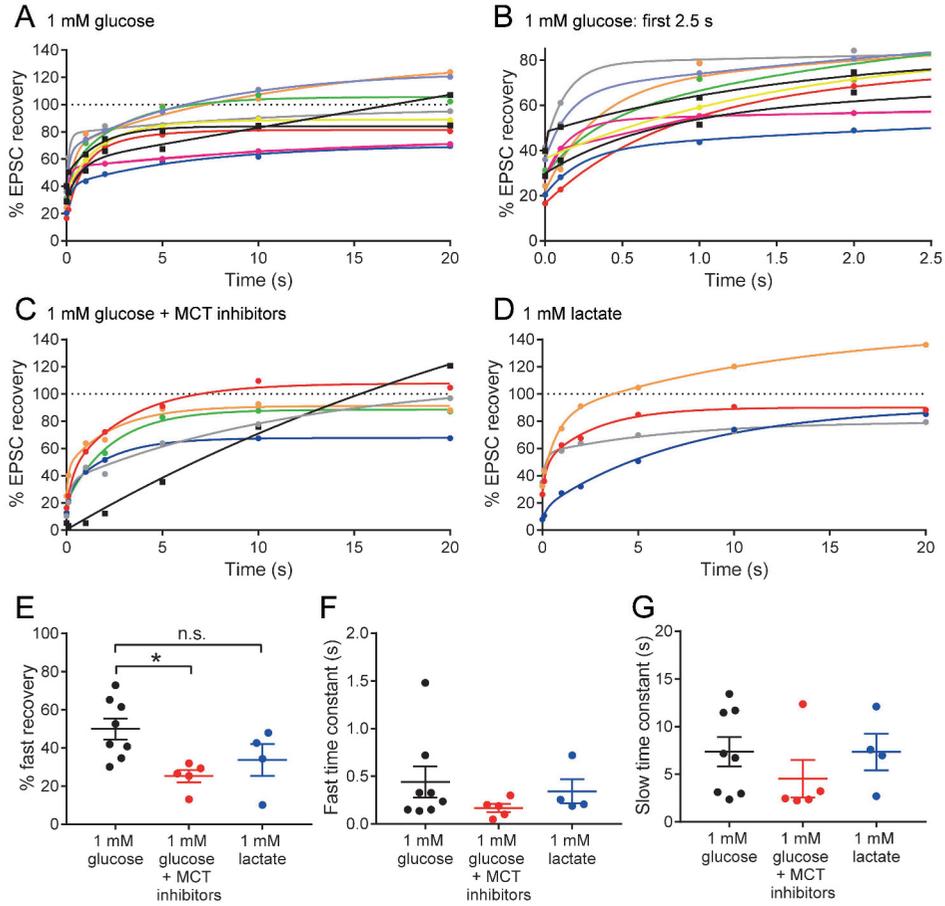


Figure 10

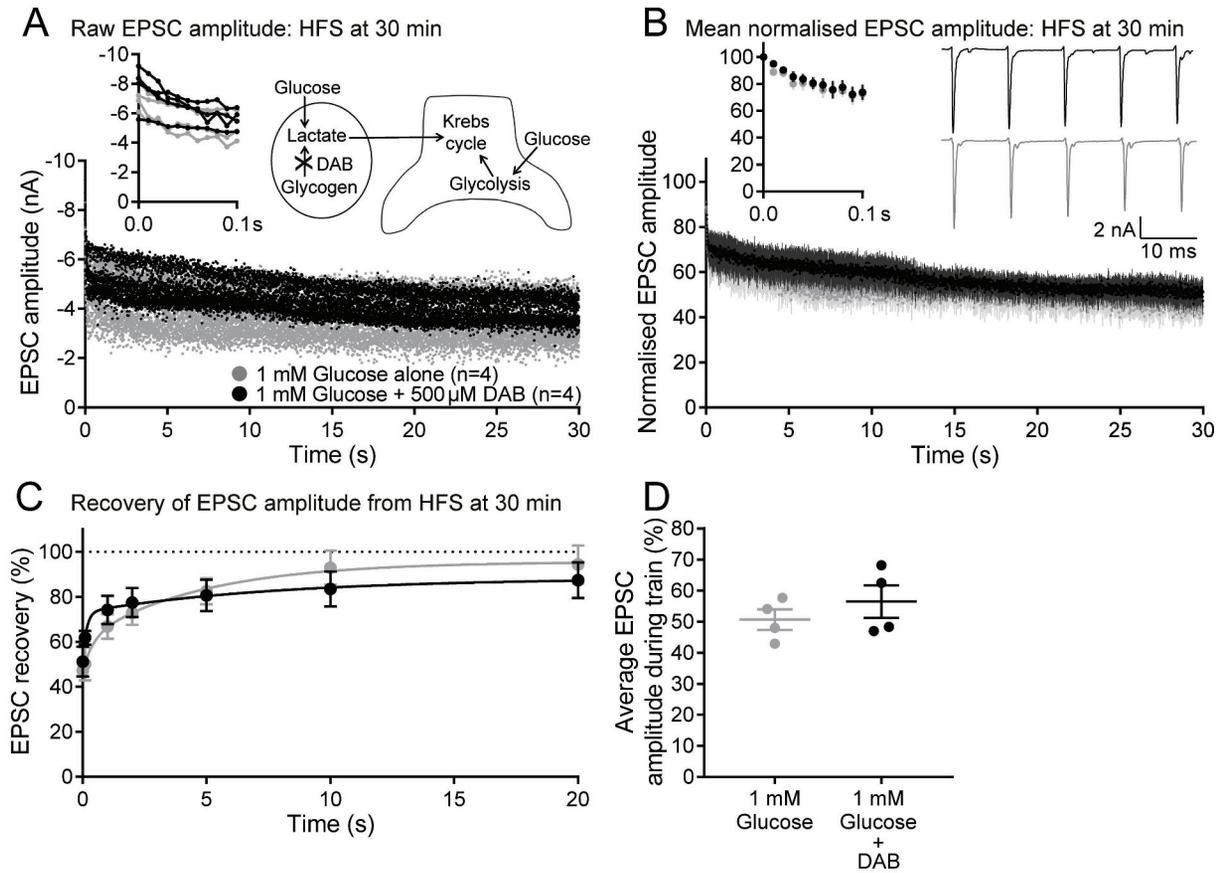
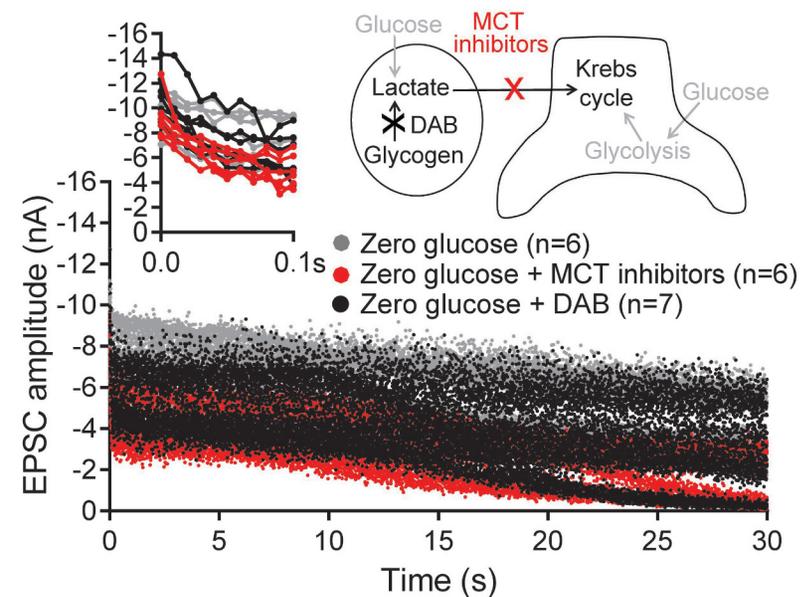
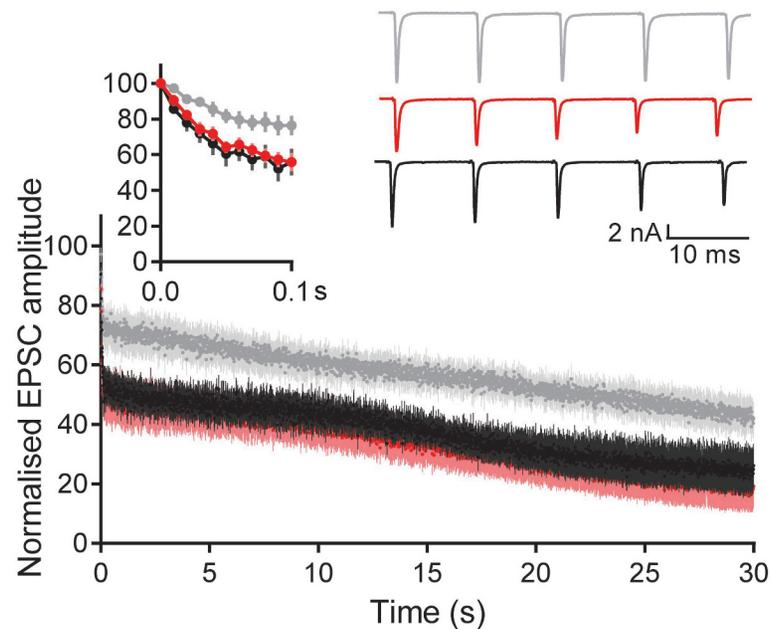


Figure 11

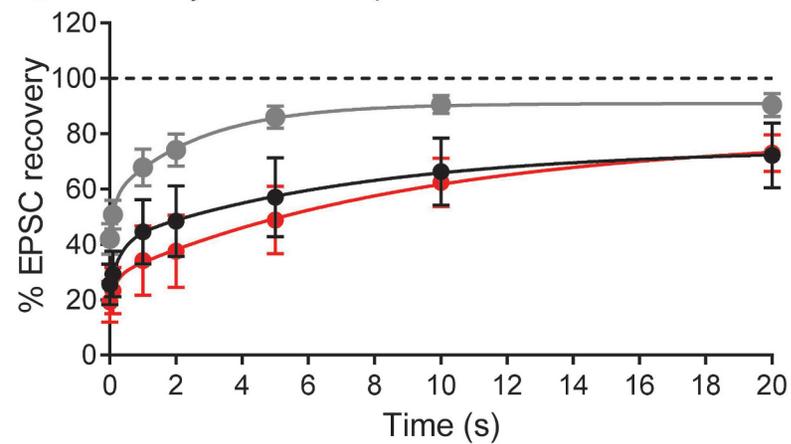
**A** Raw EPSC amplitude: HFS at 15 min



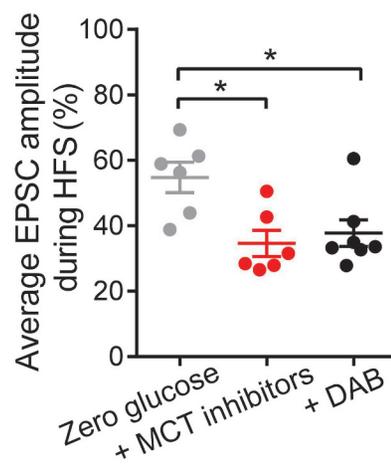
**B** Mean normalised EPSC amplitude: HFS at 15 min



**C** Recovery of EPSC amplitude from HFS at 15 min



**D**



**E**

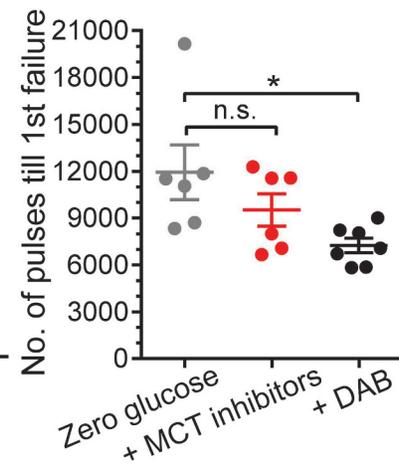


Figure 12

